



Approved by:



Move It 'N' Groove It

4 WALL - 32 COUNTS - BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Step Scuff x 2, Grapevine Right, Touch Step right forward. Scuff left forward. Step left forward. Scuff right forward. Step right to right side. Cross left behind right. Step right to right side. Touch left toe beside right.	Step Scuff Step Scuff Side Behind Side Touch	Forward Right
Section 2 1 - 2 3 - 4 5 - 6 & 7 8	Grapevine Left 1/4 Turn, Touch, Kick x 2, Jazz Jump Back, Hold With Clap Step left to left side. Cross right behind left. Make 1/4 turn left stepping left forward. Touch right toe beside left. Kick right forward twice. Step right back. Step left to left side shoulder width apart from right. Hold and clap.	Side Behind Turn Touch Kick Kick & Side Hold	Left Turning left On the spot Back
Section 3 1 - 2 3 - 4 5 - 6 7 - 8	Rumba Box (With Toe Touches) Step right to right side. Close left beside right. Step right forward. Touch left beside right. Step left to left side. Close right beside left. Step left back. Touch right toe beside left.	Side Together Step Touch Side Together Back Touch	Right Forward Left Back
Section 4 1 - 2 Note 3 - 4 Note 5 - 6 Note 7 - 8 Note	Side, Touch, 1/4 Turn Touch x 2, Side, Touch Step right to right side. Touch left toe beside right. 1 - 2: Click fingers of both hands to right side at shoulder height. Make 1/4 turn left stepping left to left side. Touch right toe beside left. 3 - 4: Click fingers of both hands to left side at shoulder height. Make 1/4 turn left stepping right to right side. Touch left toe beside right. 5 - 6: Click fingers of both hands to right side at shoulder height. Step left to left side. Touch right toe beside left. (3:00) 7 - 8: Click fingers of both hands to left side at shoulder height.	Side Touch Turn Touch Turn Touch Side Touch	Right Turning left Left

Choreographed by: Stephen Rutter (UK) April 2008

Choreographed to: 'Moving On Up' by M People (125 bpm) from CD Best Of, or Ultimate Collection; also available from Tesco Digital or iTunes (48 count intro)



A video clip of this dance is available at www.linedancermagazine.com