

**Mountain High**

BEGINNER

56 Count

Choreographed by: Bev Sandiford &amp; Jeanette Cartwright

Choreographed to: Climb That  
Mountain High by Reba McEntire**HEEL, STEP, TOE, SCUFF, HEEL, HOOK, HEEL, STEP**

- 1 Touch left heel forward
- 2 Left together
- 3 Touch right toe back
- 4 Scuff right past left foot
- 5 Touch right heel 45 degrees
- 6 Brush up right to left knee
- 7 Touch right heel 45 degrees
- 8 Feet together

**SWIVITS**

- 9 Swivel right toe right and left heel left
- 10 Center
- 11 Swivel right toe right and left heel left
- 12 Center
- 13 Swivel left toe left and right heel right
- 14 Center
- 15 Swivel left toe left and right heel right
- 16 Center

**HEEL DIG, HITCH, SHUFFLE, HEEL DIG, HITCH, SHUFFLE**

- 17 Dig right heel
- 18 Hitch right while lifting and dropping left heel
- 19 & 20 Shuffle right forward
- 21 Dig left heel
- 22 Hitch left while lifting and dropping right heel
- 23 & 24 Shuffle left forward

**STEP, PIVOT 1/2, STEP, PIVOT 1/2**

- 25 Step forward on right
- 26 Pivot 1/2 turn left
- 27 Step forward on right
- 28 Pivot 1/2 turn left

**HEEL, TOUCH, HITCH, TOUCH, HEEL, TOUCH, HITCH, TOUCH**

- 29 Right 45 degrees
- 30 Feet together
- 31 Hitch right and touch right knee with right elbow
- 32 Feet together
- 33 Right 45 degrees
- 34 Feet together
- 35 Hitch right and touch right knee with right elbow
- 36 Feet together

**GRAPEVINE RIGHT, SCUFF, GRAPEVINE LEFT, SCUFF WITH 1/2 TURN**

- 37 Step right on right foot
- 38 Cross left foot behind right foot
- 39 Step right on right foot
- 40 Scuff
- 41 Step left on left foot
- 42 Cross right foot behind left foot
- 43 Step left on left foot
- 44 Scuff with 1/2 turn to the left

**FOUR FORWARD STRUTS**

- 45 - 46 Strut right forward

47 - 48 Strut left forward  
49 - 50 Strut right forward  
51 - 52 Strut left forward

**STEP, PIVOT 1/2, STEP, PIVOT 1/2**

53 Step forward on right  
54 Pivot 1/2 turn left  
55 Step forward on right  
56 Pivot 1/2 turn and stomp right

**REPEAT**

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