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## Motown Memory

BEGINNER

32 Count 4 Walls

Choreographed by: Sadiah Heggernes

Choreographed to: I Can't Help Myself  
(Sugar Pie, Honey Bunch) by The Four Tops

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### Section 1 Side, Together, Side, Touch, Click, Rocking Chair

- 1 - 2 Step right to right side. Close left beside right
- 3 - 4 Step right to right side. Touch left beside right. Click fingers
- 5 - 6 Rock forward on left Rock back on right
- 7 - 8 Rock back on left. Rock forward on right

### Section 2 Side, Together, 1/4 Turn, Touch, Click, Rocking Chair

- 1 - 2 Step left to left side. Close right beside left
- 3 - 4 1/4 turn left stepping forward left. Touch right beside left. Click fingers 9:00
- 5 - 6 Rock forward on right. Rock back on left
- 7 - 8 Rock back on right. Rock forward on left

### Section 3 Point, Touch, Point, Flick, Clap, Paddle 1/2 Turn

- 1 - 2 Point right to right side. Touch right beside left
- 3 - 4 Point right to right side. Flick right behind left & clap
- 5 - 6 Step forward on right. 1/4 turn left on balls of both feet (transfer weight to left)
- 7 - 8 Step forward on right. 1/4 turn left on balls of both feet (transfer weight to left) 3:00

### Section 4 Step, Twist, 1/2 Turn, Coaster Step, Touch

- 1 - 2 Step forward on right. On ball of feet, twist both heels to right
- 3 - 4 On balls of feet twist both heels to left. Twist both heels to right making 1/2 turn left. (Keep weight on right ) 9:00
- 5 - 6 Step back on left. Step right beside left
- 7 - 8 Step left forward. Touch right beside left

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