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Montgomery Stroll

BEGINNER

36 Count

Choreographed by: Norma Morrison

Choreographed to: Montgomery

To Memphis by Lee Ann Womack

SHUFFLES

1 - 8 MAN: 4 forward shuffles starting on right foot

LADY: 4 forward shuffles starting on left foot

SIDE SHUFFLES, ROCK STEP

9 & 10 MAN: Right shuffle to right side

LADY: Left shuffle to left side

/Man crosses behind lady changing to left skaters position

11 MAN: Step left foot behind right foot

LADY: Step right foot behind left foot

12 MAN: Rock forward onto right foot

LADY: Rock forward onto left foot

13 & 14 MAN: Left shuffle to left side

LADY: Right shuffle to right side

/Man crosses behind lady

15 MAN: Step right foot behind left foot

LADY: Step left foot behind right foot

/Release hands

16 MAN: Rock 1/4 turn to right onto left foot

LADY: Rock 1/4 turn to left onto right foot

/Rejoin hands across facing partner

17 & 18 MAN: Right shuffle to right side

LADY: Left shuffle to left side

19 MAN: Step left foot across behind right foot

LADY: Step right foot across behind left foot

20 MAN: Rock onto right foot

LADY: Rock onto left foot

SHUFFLE WITH 1/4 TURN left, PIVOT

21 & 22 MAN: Left shuffle making 1/4 turn to left

LADY: Right shuffle making 1/4 turn to right

23 - 24 MAN: Step forward on right foot, pivot 1/2 turn left

LADY: Step forward on left foot, pivot 1/2 turn right

/Release hands and pick up inside hands as you finish

SHUFFLE, ROCK STEP

25&26 MAN: Right forward shuffle

LADY: Left forward shuffle

27 MAN: Step left foot forward

LADY: Step right foot forward

28 MAN: Rock back onto right foot

LADY: Rock back onto left foot

TURNING SHUFFLES

29 - 32 MAN: Shuffle left-right-left, right-left-right making 1/2 turn to left under left arm

LADY: Shuffle right-left-right, left-right-left making 1/2 turn to right around back of gent

STEP, SLIDE, STEP, TOUCH

33 MAN: Step left foot to left side

LADY: Step right foot to right side

34 MAN: Step right foot beside left foot

LADY: Step left foot beside right foot

35 MAN: Step left foot to left side

LADY: Step right foot to right side

36 MAN: Touch right foot beside left foot

LADY: Touch left foot beside right foot

/Resume right skater's position as man passes behind lady

REPEAT