

Dee has written a stylish AB dance with 'Moment in Time'. Your Improvers will be on the floor with the ABs for this one, perfect dance to make everyone happy!

Moment In Time

4 WALL - 32 COUNTS - AB LEVEL

| Steps | Actual Footwork | Calling Suggestion | Direction |
|------------------|--|--------------------|---------------|
| Section 1 | Step, Together, Step, Hold, Rock Forward, Step, Hold. | | |
| 1-2 | Step forward on right. Step left beside right. | Step Together | Forward |
| 3-4 | Step forward on right. Hold. | Step Hold | |
| 5-6 | Rock forward on left. Recover onto right. | Forward Rock | On the spot |
| 7-8 | Step back on left. Hold. | Step Hold | Back |
| Section 2 | Step, Together, Step, Hold, Rock Back, Step, Hold. | | |
| 1-2 | Step back on right. Step left beside right. | Step Together | Back |
| 3-4 | Step back on right. Hold. | Step Hold | |
| 5-6 | Rock back on left. Recover onto right. | Back Rock | On the spot |
| 7-8 | Step forward on left. Hold. | Step Hold | Forward |
| Section 3 | Cross, Side, Cross, Sweep, Cross, Step, Behind, Sweep | | |
| 1-2 | Cross right over left. Step left to left side. | Cross Side | Left |
| 3-4 | Cross right over left. Sweep left across right. | Cross Sweep | |
| 5-6 | Cross left over right. Step right to right side. | Cross Side | Right |
| 7-8 | Cross left behind right. Sweep right behind left. | Behind Sweep | |
| Section 4 | Behind, Side, Cross, Hold, Side Rock 1/4 Turn, Step, Hold. | | |
| 1-2 | Cross right behind left. Step left to left side. | Behind Side | Left |
| 3-4 | Cross right over left. Hold | Cross Hold | |
| 5-6 | Rock left to left side. Recover onto right making 1/4 turn right. | Rock Turn | Turning right |
| 7-8 | Step forward on left. Hold. | Step Hold | Forward |
| Ending | Music finishes facing 6 o'clock wall: step forward on left and turn 1/2 right to face front. | | |

Choreographed by:

Dee Musk
UK
May 2012

Choreographed to:

I'm Just Your Yesterday by Georgia Holt (CD 'Honky Tonk Woman' also available from itunes and amazon) (16 count intro - Begin on word "Grow")



A video clip of this dance is available at www.linedancermagazine.com