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## Mixed Feelings

64 count, 2 wall, intermediate level

Choreographer: Terry Dunbar (Aus) May 2005  
Choreographed to: The Shape I'm In by The Deans,  
Multiplication Album

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Start on vocals

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|---------------|--|
| 1 – 4         | SWING BACK L BEHIND R, ROCK FWD R, 1/4 TURN R STEP BACK L, KICK R FWD,           |
| 5 – 8         | ROCK BACK R, FWD L, STEP FWD R, LOCK L BEHIND R.                                 |
| 9 – 12        | STEP FWD R, LOCK L BEHIND R, STEP FWD R, HITCH L KNEE TURNING 1/2 TURN R,        |
| 13 – 16       | STEP FWD L, LOCK R BEHIND L, STEP FWD L, SCUFF R.                                |
| 17 – 20       | CROSS R OVER L, STEP BACK L, STEP R TO SIDE, CROSS L OVER R,                     |
| 21 -24        | TOUCH R TO SIDE, TURN 1/2 TURN R STEP R TOG, TOUCH L TO SIDE, STEP L<br>TOGETHER |
| 25 26 & 27 28 | TOUCH R TO SIDE, HOLD, STEP R TOG, TOUCH L TO SIDE, HOLD,                        |
| & 29 - 32     | STEP L TOG, STEP FWD R, HOLD, 1/2 PIVOT TURN L, HOLD.                            |
| 33 – 36       | ROCK R OVER L, REPLACE ON L, STEP R TO SIDE, HOLD,                               |
| 37 – 40       | ROCK L OVER R, REPLACE ON R, STEP L TO SIDE, HOLD.                               |
| 41 – 44       | STEP FWD R, LOCK L BEHIND R, STEP FWD R, SCUFF L,                                |
| 45 – 48       | STEP FWD L, LOCK R BEHIND L, STEP FWD L, SCUFF R.                                |
| 49 – 52       | ROCK FWD R, BACK L, 1/2 TURN R STEP FWD R, HOLD,                                 |
| 53 – 56       | FULL TURN R STEPPING FWDL,R, 1/4 TURN R STEP L TO SIDE, HOLD.                    |
| 57 – 60       | ROCK BACK R, FWD L, STEP R TO SIDE , CROSS L BEHIND,                             |
| 61 – 64       | STEP R TO SIDE, CROSS R OVER L, STEP R TO SIDE, LOW KICK L TO SIDE.              |
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