

Please Enter Section Heading Here

Section 1 - Walk Forward, Shuffle, Shuffle 1/2 Turn, Coaster Step

1 - 2 Walk Forward Right, Left
3 & 4 Step Forward Right, Close Left Beside Right, Step Forward Right
5 & 6 Shuffle Step 1/2 Turn To Right, Stepping Left, Right, Left
7 & 8 Step Back Right, Step Left Beside Right, Step Forward Right

Section 2 - Walk Forward, Shuffle, Shuffle 1/2 Turn, Coaster Step

9 - 10 Walk Forward Left, Right
11 & 12 Step Forward Left, Close Right Beside Left, Step Forward Left
13 & 14 Shuffle Step 1/2 Turn To Left, Stepping Right, Left, Right
15 & 16 Step Back Left, Step Right Beside Left, Step Forward Left

Section 3 - Right Rock, Triple Step, Left Rock, Triple Step

17 - 18 Rock Right To Right Side, Rock Onto Left In Place
19 & 20 Stomp Right, Left, Right
21 - 22 Rick Left To Left Side, Rock Onto Right In Place
23 & 24 Stomp Left, Right, Left

Section 4 - Side Behind, Chasse Right, Cross Rock, 1/4 Shuffle To Left

25 - 26 Step Right To Right Side, Step Left Behind Right
27 & 28 Step Right To Right Side, Close Left Beside Right, Step Right To Right Side
29 - 30 Cross Rock Left Over Right, Rock Back Onto Right
31 & 32 Shuffle Step 1/4 Turn To Left, Stepping Left, Right, Left

Section 5 - Kick & Point X 2, Cross Behind Unwind, Hip Bump Up,down

33 & 34 Kick Right Foot Forward, Step Right In Place, Point Left Foot To Left Side
35 & 36 Kick Left Foot Forward, Step Left In Place, Point Right Foot To Right Side
37 - 38 Step Right Foot Behind Left Foot, Untwist 1/2 Turn To Right
39 - 40 Bend Both Knees, Bump Hips Forward, Straighten & Bump Hips Forward

Section 6 - Lift Knee Diagonally, Bump Hips X 2

41 - 42 Lift Right Knee Diagonally To Left Side, Replace Right Next To Left
43 - 44 Bump Hips Left, Right
45 - 46 Lift Left Knee Diagonally To Right Side, Replace Left Next To Right
47 - 48 Bump Hips Right, Left

Section 7 - Shuffle Forward, Spiral Turn, Shuffle Forward, Rock Forward

49 & 50 Step Forward Right, Close Left Beside Right, Step Forward Right
51 - 52 Step Forward On Left Foot, Turn Full Turn To Right (no Weight On Right)
53 & 54 Step Forward Right, Close Left Beside Right, Step Forward Right
55 - 56 Rock Forward On Left, Rock Back On Right

Section 8 - Lock Steps Travelling Back X 2, Hold & Body Roll

57 & 58 Step Back Left, Cross Right In Front Of Left, Step Back Left
59 & 60 Step Back Right, Cross Left In Front Of Right, Step Back Right
& 61 - 62 Step Right To Right Side, Step Left To Left Side, Hold
63 - 64 Full Body Roll, Rolling Hips Anticlockwise