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Mitzy's (DanceStudio)

144 count, 4 wall, intermediate level Choreographer: Dancerus (Sonia & Ric) (USA) Nov 2004

Choreographed to: Perfidia by John Altman, Shall We

Dance Soundtrack (110 bpm)

Starts dance 24 counts into song

There is an easy 112 count introduction to this dance and an 8 count break at end on 6th wall

INTRODUCTION STEPS DESCRIPTION (1-112) BASIC MERENGUE STEPS *

- 1-8 Side left, Right together, Side left, Right together, Side left, Right touch
- 9-16 Side Right, Left together, Side Right, Left together, Side Right, Left together, Side Right, Left touch
- 17-20 Side left, Right together, Side left, Right touch
- 21-24 Side Right, Left together, Side Right, Left touch

BASIC CHA CHA STEPS**

- 25-28 Rock forward on Left, recover Right, cha cha steps in place (Left, Right, Left)
- 29-32 Rock back on Right, recover Left, cha cha steps in place (Right, Left, Right)
- 33-36 Rock to Left side, recover Right, cha cha steps in place (Left, Right, Left)
- 37-40 Rock back on Right, recover Left, cha cha steps turning ½ to Right (Right, Left, Right) 6:00

41-80 REPEAT STEPS 1-40

12:00

STOMP, HOLD 3 COUNTS (REPEAT 6X), POINT LEFT FORWARD, HOLD 3 COUNTS, LT RONDE

- 81-84 Stomp Left diagonally forward, hold 3 counts. (#)
- 85-88 Stomp Right diagonally forward, hold 3 counts. (#)
- 89-92 Stomp Left diagonally forward, hold 3 counts. (#)
- 93-96 Stomp Right diagonally BACK, hold 3 counts. (#)
- 97-100 Stomp Left diagonally BACK, hold 3 counts. (#)
- 101-104 Stomp Right diagonally BACK, hold 3 counts. (#)

105-112 Point left toes forward, hold 3 counts), left RONDE (front to back in 4 counts)

ROUTINE STEP DESCRIPTION (1-24) BASIC CHA CHA FORWARD, BASIC CHA CHA BACK

- 1-4) Rock forward Left, Left cha cha in place (left, right, left)
- 5-8) Rock forward Left, Left cha cha in place (left, right, left)

2 COUNT VINE TO LT, SHUFFLE TURN ¼ TO LEFT

- 9-12) Side step left, Right step behind Left, Left Shuffle ¼ to Left (left, right, left) 9:00
- 13-16) Rock forward on Right, Recover on Left, Right Shuffle turn ½ to Right 3:00

WALK 2 STEPS FORWARD, 2 SHUFFLE 1/2 TURNS TO RIGHT, ROCK LEFT FWD.

- 17,18 Walk forward: Left, Right.
- 19-22 Left Shuffle turn ½ to Right, Right Shuffle turn ½ to Right (Full turn, moving forward)
- 23,24 Rock forward on Left, recover on Right

END

BREAK STEPS: 1-4 Stomp Left diagonally forward, hold 3 counts. (#)

5-8 Stomp Right diagonally forward, hold 3 counts. (#)

* Basic merengue step: side step with bent knee bringing right hip up, step right together with bent knee bringing left hip up

** Basic cha cha steps are: rock step, shuffle in place

(#) Throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite.