Web site: www.linedancermagazine.com
E-mail: admin@linedancermagazine.com

## Mitzy's (DanceStudio)

144 count, 4 wall, intermediate level Choreographer: Dancerus (Sonia \& Ric) (USA) Nov 2004
Choreographed to: Perfidia by John Altman, Shall We Dance Soundtrack (110 bpm)

Starts dance 24 counts into song
There is an easy 112 count introduction to this dance and an 8 count break at end on 6th wall

## INTRODUCTION STEPS DESCRIPTION (1-112)

## BASIC MERENGUE STEPS*

1-8 Side left, Right together, Side left, Right together, Side left, Right together, Side left, Right touch
9-16 Side Right, Left together, Side Right, Left together, Side Right, Left together, Side Right, Left touch
17-20 Side left, Right together, Side left, Right touch
21-24 Side Right, Left together, Side Right, Left touch

## BASIC CHA CHA STEPS**

25-28 Rock forward on Left, recover Right, cha cha steps in place (Left, Right, Left)
29-32 Rock back on Right, recover Left, cha cha steps in place (Right, Left, Right)
33-36 Rock to Left side, recover Right, cha cha steps in place (Left, Right, Left)
37-40 Rock back on Right, recover Left, cha cha steps turning $1 / 2$ to Right (Right, Left, Right) 6:00

## 41-80 REPEAT STEPS 1-40

12:00
STOMP, HOLD 3 COUNTS (REPEAT 6X), POINT LEFT FORWARD, HOLD 3 COUNTS, LT RONDE
81-84 Stomp Left diagonally forward, hold 3 counts. (\#)
85-88 Stomp Right diagonally forward, hold 3 counts. (\#)
89-92 Stomp Left diagonally forward, hold 3 counts. (\#)
93-96 Stomp Right diagonally BACK, hold 3 counts. (\#)
97-100 Stomp Left diagonally BACK, hold 3 counts. (\#)
101-104 Stomp Right diagonally BACK, hold 3 counts. (\#)
105-112 Point left toes forward, hold 3 counts), left RONDE (front to back in 4 counts)
ROUTINE STEP DESCRIPTION (1-24)
BASIC CHA CHA FORWARD, BASIC CHA CHA BACK
1-4) Rock forward Left, Left cha cha in place (left, right, left)
5-8) Rock forward Left, Left cha cha in place (left, right, left)

## 2 COUNT VINE TO LT, SHUFFLE TURN $1 / 4$ TO LEFT

9-12) Side step left, Right step behind Left, Left Shuffle $1 / 4$ to Left (left, right, left) 9:00
13-16) Rock forward on Right, Recover on Left, Right Shuffle turn $1 / 2$ to Right 3:00
WALK 2 STEPS FORWARD, 2 SHUFFLE $1 / 2$ TURNS TO RIGHT, ROCK LEFT FWD.
17,18 Walk forward: Left, Right.
19-22 Left Shuffle turn $1 / 2$ to Right, Right Shuffle turn $1 / 2$ to Right (Full turn, moving forward)
23,24 Rock forward on Left, recover on Right
END
BREAK STEPS: 1-4 Stomp Left diagonally forward, hold 3 counts. (\#)
5-8 Stomp Right diagonally forward, hold 3 counts. (\#)

[^0]
[^0]:    * Basic merengue step: side step with bent knee bring ing right hip up, step right together with bent knee bringing left hip up
    ** Basic cha cha steps are: rock step, shuffle in place
    (\#) Throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite.

