

Mission Impossible

BEGINNER

48 Count

Choreographed by: Holly Susan (Boots) Groeschel

Choreographed to: Super Love by Exile

SIDE-BALL-CLOSE, SIDE-BALL-CLOSE

- 1 Step to right side with right foot, lifting left knee
& Step in original place with left foot
2 Step together with right foot next to left foot
3 Step to left side with left foot, lifting right knee
& Step in original place with right foot
4 Step together with left foot next to right foot

POINT & POINT &, LOCK, FULL TURN

- 5 Point right toe to right side
& Place right foot next to left foot
6 Point left toe to left side
& Place left foot next to right foot
7 Sweep/lock right foot behind left foot
8 Pivot 1 full turn right on balls of both feet

ROGER RABBITS (BACKWARDS SWEEPS)

- & Lift right foot slightly, scoot forward on left foot
9 Lock/step behind left foot with right foot
& Lift left foot slightly, scoot forward on right foot
10 Lock/step behind right foot with left foot
& Lift right foot slightly, scoot forward on left foot
11 Lock/step behind left foot with right foot
& Rock forward onto left foot (feet still crossed)
12 Rock back onto right foot

REVERSE 1/2 PIVOT, SCUFF-HOP/ 1/2 TURN, STEP

- 13 Step back with left foot
14 Pivot 1/2 turn left on ball of left foot
15 Scuff right heel forward and up
& Hop 1/2 turn left onto right foot, lifting left knee
16 Step in place with left foot

RUNNING MAN**/Use of arms, in a running fashion, are acceptable during vanillas**

- & Transfer onto right foot
17 Slide left toe back
& Pull left knee forward and up
18 Step down with left foot, sliding right toe backwards
& Pull right knee forward and up
19 Step down with right foot, sliding left toe backwards
& Pull left knee forward and up
20 Step down with left foot, sliding right toe back
& Step together with right foot

SPLIT SWIVELS: RIGHT AND LEFT

- 21 Place weight on ball of left foot & heel of right foot, swivel right toe to right and left heel to left.
& Swivel both feet back to center
22 Place weight on ball of left foot & heel of right foot, swivel right toe to right and left heel to left.
& Swivel both feet back to center
23 Place weight on ball of right foot & heel of left foot, swivel left toe to left and right heel to right.
& Swivel both feet back to center
24 Place weight on ball of right foot & heel of left foot, swivel left toe to left and right heel to right.
& Swivel both feet back to center

HEEL-DROP, SLIDE-BALL-STEP, TOGETHER

- 25 Step diagonally right with right heel and toe weight to right foot. (right foot pointed at 45 degrees.)

& Slide instep of left foot next to heel of right foot
26 Place ball of right foot next to left instep
27 Step to left side with left foot
28 Slide right foot next to left foot (right toe pointed forward.)

STOMP, TOES: UP-DOWN, SIDE, TOGETHER

29 Stomp (down) with right heel next to ball of left foot and right toe pointed diagonally right (45 degrees.)
& Lift toes of both feet up and outward (heel stand)
30 Drop toes back to original (step 29) floor locations.
31 Touch left toe to left side
32 Place toe of left foot next to heel of right foot

STEP BACK/ SHOULDER ROLLS, TOES; UP-DOWN

33 Step back slightly with right foot and roll right shoulder**
34 Step back slightly with left foot and roll left shoulder**
35 Step back slightly with right foot and roll right shoulder**
& Lift toes of both feet up and outward (heel stand)
36 Drop toes back to floor

/ Lift shoulder up, move it back, drop it down, then move it forward**

FORWARD TOE STRUTS, STEP APART

37 Step, forward slightly with right toe
& Drop right heel
38 Step forward slightly with left toe
& Drop left heel
39 Step, forward slightly with right toe
& Drop right heel
40 Step slightly apart with left foot (shoulder width)

POINT & POINT, 1/2 LEFT KNEE CHASE

41 Point right toe into left instep
& Step in place with right foot (toe pointed forward)
42 Point left toe into right instep
& Start left 1/2 chase turn: roll left knee outward, rotating on ball of left foot
43 Chase left knee with right knee (roll knee inward) completing 1/2 turn
44 Hold with weight on right foot

KICK-BALL-CHANGE, SLOW KNEE CHASE

45 Kick left foot forward
& Step in place with ball of left foot
46 Step in place with right foot
47 Roll left knee outward 1/4 turn (slow knee chase)
48 Roll right knee inward 1/4 turn

REPEAT