
Choreographers note:- The dance is ideal for those about to move up to Advanced Beginner (new levels).

Dance starts on the vocals with feet together and weight on the left foot.

3x Sway. 1/4 Left Slow Coaster. Cross. Bwd. (9:00)

- 1 – 2 Sway body - stepping right to right side. Sway onto left foot.
3 – 4 Sway onto right foot. Turn ¼ left & step backward onto left.
5 – 6 Step right next to left. Step forward onto left.
7 – 8 Cross right over left. Step backward onto left.

1/2 Right Fwd. Cross. Bwd. 1/4 Left Side. 1/2 Left Sway. 2x Sway. 1/4 Left Bwd (3:00)

- 9 – 10 Turn ½ right & step forward onto right (3:00). Cross left over right.
11 – 12 Step backward onto right. Turn ¼ left & step left to left side (12:00).
13 – 14 Turn ½ left & sway right to right side (6:00). Sway onto left foot.
15 – 16 Sway onto right foot. Turn ¼ left & step backward onto left.

2x Side Strut. Side Rock. Recover. Side Strut. (3:00)

- 17 – 18 (with head turned left) Cross right toe over left. Drop right heel to floor.
19 – 20 (with head turned left) Step left toe to left side. Drop left heel to floor.
21 (hands on hips & head turned right) Rock onto right foot.
22 (hands on hips & head turned left) Recover onto left foot.
23 – 24 (with head turned left) Cross right toe over left. Drop right heel to floor.

Side Strut. Side Rock. Recover. 1/4 Left Fwd. Pivot 1/2 Left. 1/4 Left Side. Dip Behind (3:00).

- 25 – 26 (with head turned left) Step left toe to left side. Drop left heel to floor.
27 (hands on hips & head turned right) Rock onto right foot.
28 (hands on hips & head turned left) Recover onto left foot.
29 – 30 Turn ¼ left & step forward onto right (12:00). Pivot ½ left (weight on left) (6:00)
31 – 32 Turn ¼ left & step right foot to right side. (with dipping motion) Step left behind right.

Suggested music: Nothing's gonna stop us now (96 bpm) Starship
(not phrased to the dance – but captures the mood)

Music download available from itunes, Napster