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Mind And Breathe!

32 count, 4 wall, Intermediate level

Choreographer : Lesley Clark

Choreographed to : Burning love by Travis Tritt;

All You Ever Do Is Bring Me Down by The
Mavericks, I've Cried My Last Tear For You by
Ricky Van Shelton

1&2&	Right heel forward, back in place, left heel forward, back in place
3&4&	Right heel forward, hook right heel in front of left leg, right heel Forward right foot back in place
5&6&	Left heel forward, back in place, right heel forward, back in place
7&8&	Left heel forward, hook left foot in front of right leg, left heel forward, back in place
9&10	Right shuffle forward
11 & 12	Left shuffle forward
13-14	Step forward onto right, pivot ½ turn over left shoulder
15-16	Stomp right foot, stomp left foot
17 & 18 & 19 & 20	Rock right foot forward, recover onto left, rock out to right side, recover on left Right sailor step
21 & 22 & 23& 24	Rock left foot forward, recover onto left, rock out to left side, recover on right Left sailor step
25-26&27	Step forward on to right, hold, jump left foot behind right, step right forward
28&29-30	Hold, jump left behind right, step right foot forward, 1/2 turn over left shoulder
31-32	Step forward on to right foot, pivot 1/4 turn over the left shoulder