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## Milkshake

40 count, 4 wall, intermediate/advanced level Choreographer: Chris Godden (Wales) Feb 2004 Choreographed to: Milkshake by Kelis

Intro: 4 counts (very quick)

&1 & 2 3 4 5 6 & 7 8	Hitch R whilst swinging R foot to R, Touch R forward swivelling R heel In, Out, In Pivot 1/2 R on R whilst hitching L, repeat (back to front wall) Walk back L, R L to L side, R to R side, take R arm out to R side (palm face down whilst head turns R)
1 & 2 & 3 4 5 & 6 7 & 8	Kick L in place, cross L behind R, Hold Step R to R side, cross L over R, step R to R side Cross L behind R, R to R side, 1/4 turn onto L Swivel both heels L R L whilst making 1/2 turn R (weight ends on L)
1 & 2 3 & 4 5 6 7 8	Step back on R, press on ball of L, step R in place Repeat on L Kick R to R side, close R to L crossing arms in front of chest Step L to L side throwing arms out to side (palms down), bending into both knees pushing palms down
5 6	& 3 & 4 Taking weight onto L bump hips R L R L R L R L (whilst bumping hips, slowly complete 1/4 turn R with R hitch) Big step forward on R, close L to R Circle knees anti-clockwise twice whilst making 1/4 L turn
1234 5&6 7&8	Walk forward R, L, kick R forward, pivot 1/2 R pressing into ball of R Hold, close L behind R, step forward on R Scuff L forward, hitch L, step forward on L

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