

Milk Shake

ABSOLUTE BEGINNER

32 Count 4 Walls

Choreographed by: Susanne Oates

Choreographed to: Moo La Moo by Steve Azar

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- 1 Right Slow Chasse, Touch, Sway With Shimmy Left, Sway With Shimmy Right.**
1 2 Step right to right side. Step left beside right.
3 4 Step right to right side. Touch left beside right.
5 6 Step left to left side. Shimmy shoulders toward left over the two counts, swaying body to left.
7 8 Shimmy shoulders to right side over two counts, swaying right and recovering weight on right.
- 2 Left Slow Chasse, Touch, Sway With Shimmy Right, Sway With Shimmy Left.**
9 10 Step left to left side. Step right beside left.
11 12 Step left to left side. Touch right beside left.
13 14 Step right to right side. shimmy shoulders toward right over two counts, swaying body right.
15 16 Shimmy shoulders to left side over two counts, swaying left and recovering weight on left.
- 3 Walk Forward x3, Kick, Clap, Walk back x3, Touch.**
17 18 Step right forward. Step left forward.
19 20 Step right forward. Kick left forward and clap hands.
21 22 Step left back. Step right back.
23 24 Step left back. Touch right beside left.
- 4 Right Hip Bumps X2, Left Hip Bumps x2, Step, Tap with Clap, Turn 1/4 Left, Tap with Clap.**
25 26 Step right slightly forward, bumping right hip forward twice.
27 28 Step left slightly forward, bumping left hip forward twice.
29 30 Step back on right. Tap left toe beside right and clap hands. Turn 1/4 left, Stepping left to left side.
Tap right beside left and clap hands.
- 5 Note:**
The shimmys can be replaced by swaying as written and rolling the lead shoulder from front to back. Or try the sway as written and brush the lead shoulder twice with the opposite hand. Maybe two walls of each. Have fun.
- 6 Alternative Music:**
Cooler Than Me by Mike Posner on Now 77. 68 Count intro.
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