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Milk Cow Boogie

32 count, 4 wall, Beginner level Choreographer: Maria Graube (Sweden) Aug 2006 Choreographed to: Milk Cow Blues Boogie by Ricky Nelson (144 bpm); Abracadabra (Round And Round) by Steve Miller Band vs Gauzz (120 bpm)

Intro:72! Make something of it!

Heel Hook. Heel, Close - Right & Left

- 1, 2 Touch right heel forward. Hook right heel in front of left knee.
- 3, 4 Touch right heel forward. Step right beside left.
- 5, 6 Touch left heel forward. Hook left heel in front of right knee.
- 7, 8 Touch left heel forward. Step left beside right.

Chassé Right. Rock Back. Chassé Left. Rock Back

- 1&2 Step right to right side. Close left beside right. Step right to right side.
- 3, 4 Rock back on left. Recover on right.
- 5&6 Step left to left side. Close right beside left. Step left to left side
- 7, 8 Rock back on right. Recover on left.

Option: Right chassé look right, left chassé – look left. Right arm throws lasso all time

Walk Forward Right, Left, Right, Hitch Left. Walk Back Left, Right, Left, Stomp Right Beside Left

- 1, 2, 3 Walk forward right, left, right.
- 4 Hitch left knee.
- 5, 6, 7 Walk back left, right, left.
- 8 Stomp right beside left.

Option: Make a full turn over your left shoulder on count 1-3, snap your fingers on count 8)

Right Step Touch Forward With Clap. Left Step Touch Back With Clap. Turn 1/4 Right, Hold. Turn 1/2 Left, Hold

- 1, 2 Step right forward. Touch left beside right and clap.
- 3, 4 Step left back. Touch right beside left and clap (option: behind your back this time).
- 5, 6 Make 1/4 turn right while stepping right forward, hold
- 7, 8 Make 1/2 turn left while step left forward, take weight and hold

Option: On counts 5-8 place your right hand on your cowboy hat. Attitude, baby!

This dance can be transformed into easy beginner/intermediate if you use the options. Have fun with it, folks!

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