

Milk & Alcohol

80 count, 4 wall, intermediate level

Choreographer: Gaye Teather (UK) Apr 2005

Choreographed to: Milk & Alcohol by Dr. Feelgood
from 25 Years of Dr. Feelgood and others (168bpm)

48 count intro. Start dance on vocals

Side Right toe strut, Left heel, toe. X 2

- 1 – 2 Step Right toe to Right side. (Small step) Lower Right heel (weight on Right)
3 – 4 Swivel Left heel in towards Right. Swivel Left toe in beside Right (weight on Left)
5 – 8 Repeat steps 1 – 4

Side Right. Together. Weave 1 / 4 turn Left, Step. Pivot 1 / 4 Left

- 9 – 10 Step Right to Right side. Step Left beside Right
11 - 12 Cross Right over Left. Step Left to Left.
12 – 16 Step Right behind Left. Step Left 1 / 4 turn Left. Step forward on Right. Pivot 1 / 4 turn Left
(Facing 6 o'clock)

Cross strut. Side strut. Jazz box turning 1 / 4 Right

- 17 - 20 Cross Right toe over Left. Lower Right heel. Step Left toe to Left side. Lower Left heel
21 – 22 Cross Right over Left. Step back on Left.
23 – 24 Turn 1 / 4 Right stepping Right to Right side. Step Left beside Right (Facing 9 o'clock)

Cross strut. Side strut. Jazz box turning 1 / 4 Right

- 25 – 32 Repeat steps 17 – 24 (Facing 12 o'clock)

Diagonal steps forward. Right. Touch. Left. Touch. Right. Touch. Left. Touch

- 33 – 34 Step Right forward on Right diagonal. Touch Left beside Right
35 – 36 Step Left forward on Left diagonal. Touch Right beside Left
37 – 40 Repeat steps 33 – 36

Diagonal steps back Right. Together. Heel split. Back Left. Together. Heel split

- 41 – 42 Step Right back on Right diagonal. Step Left beside Right
43 – 44 Keeping toes together, swivel both heels out and in
45 – 46 Step Left back on Left diagonal. Step Right beside Left.
47 – 48 Keeping toes together, swivel both heels out and in

Half Monterey turn x 2

- 49 – 50 Touch Right toe to Right. On ball of Left make 1 / 2 turn Right stepping Right beside Left
51 – 52 Touch Left toe to Left. Step Left beside Right
53 – 56 Repeat steps 49 – 52 (Facing 12 o'clock)

Vine Right. Together. Swivel Right. Swivel Left

- 57 – 60 Step Right to Right. Step Left behind Right. Step Right to Right. Step Left beside Right
61 – 62 With weight on left toe and Right heel, swivel toes Right. Return to centre
63 – 64 With weight on Right toe and Left heel, swivel toes Left. Return to centre

Vine 1 / 4 turn Left. together. Swivel Right. Swivel Left

- 65 – 68 Step Left to Left. Step Right behind Left. Step Left 1 / 4 turn Left. Step Right beside Left
(Facing 9 o'clock)
69 – 70 With weight on Left toe and Right heel, swivel toes Right. Return to centre
71 – 72 With weight on Right toe and Left heel, swivel toes Left. Return to centre (weight ends on Left)

Walk back Right, Left, Right. Hitch. Coaster step. Hold

- 73 – 76 Walk back on Right, Left, Right. Hitch Left knee
77 – 80 Step back on Left. Step Right beside Left. Step forward on Left. Hold

Start again