

Midnight Train

32 count, 2 wall, beginner/intermediate level
Choreographer: Mark & Jan Caley (UK) March 2002
Choreographed to: All Rise by Blue, All Rise CD (98 bpm); Midnight Train to Georgia by Gladys Knight & The Pips; World Of Our Own by Westlife; Right Where It Hurst by Lee Roy Parnell

Start on main Vocals

SLIGHTLY BACK & CROSS, INFRONT & BEHIND, BACK & CROSS, STEP PIVOT STEP 1/4 TURN LEFT

- 1&2 Rock Left slightly diagonally back (1), recover weight to Right (&), Cross Left Diagonally in front of Right (2)
3&4 Rock Right Diagonally in Front (3), recover weight to Left (&), Step Right Diagonally back behind Left (4)
5&6 Rock Left Slightly diagonally back (5), recover weight to Right (&), Cross Left Diagonally in front of Right (6)
7&8 Rock Right to Right side (7), replace weight to left making a 1/4 turn Left (&), Step forward on Right (8) Now facing 9. O Clock

BUMP LEFT HIP, STEP TURN STEP 1/2 LEFT, STEP TURN STEP FULL TURN RIGHT, ROCK RECOVER, HITCH RIGHT

- 9&10 Touch Left Toe Slightly forward and Bump Left Hip Forward (9), Back (&), Forward (10) (transfer weight to Left)
11&12 Step Forward on Right (11), Pivot 1/2 Turn Left (&), Step forward on Right (12)
13&14 Step Forward Left (13), Pivot 1/2 Turn Right (&), Step forward on Left making 1/2 turn Right
15&16 Rock back on Right (15), Recover weight to Left (&), Hitch Right Knee up Slightly (16) (Now facing 3. O Clock)

RIGHT ROCKS, BEHIND, SIDE, CROSS, LEFT ROCKS . BEHIND, SIDE, CROSS

- 17& Rock Right Slightly forward at Right diagonal (17), recover weight to left (&)
18& Rock Right to Right side (18), recover weight to left (&)
19&20 Cross Right behind left (19), Step Left to Left side (&), Cross Right in front of Left
21& Rock Left Slightly forward at Left diagonal (21), recover weight to Right (&)
22& Rock Left to Left side (22), recover weight to Right (&)
23&24 Cross Left behind Right (23), Step Right to Right side (&), Cross Left in front of Right (24) (Now facing 3. O Clock)
Counts 17&18&...21&22&....These are small push rock steps using the Ball of the foot

HEEL, TOE, STEP TURN STEP 1/2 TURN LEFT, LEFT SHUFFLE FORWARD WITH FULL TURN RIGHT, ROCK & CROSS MAKING 1/4 TURN LEFT

- 25-26 Touch Right Heel forward (25), Touch Right Toe Back (26)
27&28 Step Right forward (27), Pivot 1/2 Turn Left (&), Step forward on Right (28)
29&30 Left Shuffle forward making Full turn Right, Left, Right Left
31&32 Rock Right Forward (31), Recover weight to Left making 1/4 turn Left (&), Cross Right in front of Left (32) (Now facing 6 O Clock)
The Turning Left Shuffle forward (counts 29&30) can be just a normal left Shuffle Forward

When using 'All Rise' by Blue a VERY EASY Extra bit is needed, 8 Counts following the 3rd Sequence. You will be FACING THE BACK when you START and END the Tag

- 1-2 Step Forward on Left (1), Pivot 1/2 Turn Right (2)
3&4 Left Shuffle forward Lt, Rt, Lt
5-6 Step Forward on Right (5), Pivot 1/2 turn Left (6)
7&8 Right Shuffle forward Rt, Lt, Rt

When dancing to the other tracks do not add the Extra Bit
