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## Midnight Hour

Phrased, 144 Count, Intermediate

Choreographer: Judy McDonald, Guyton Mundy, Will Craig  
(USA) April 2013

Choreographed to: Midnight Hour by Talib Kweli & HiTek, feat.  
Estelle (iTunes)

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This is a phrased, "ABC" dance (with 4 parts).

Start with the music after the spoken introduction (Start on the word "I'm").

Each section of this dance has a different feel from the other, based on the music...so it's easier than you might think!

The sequence is ABBCD, BBCD, ABCD, BCDD, B-(see "Big Finish"). As usual....trust me, it works!

### Part A.....the verse (woman is singing)

#### **R triple side, L rock back, L kick ball change x 2**

1&2 3 4 Step R to side (1), step L beside right (&), step R to side (2), step back on ball of L (3), recover R (4),  
5&6 7&8 Kick L forward (5), step L back (&), step R in place (6),  
kick L forward (7), step L back (&), step R in place (8)

#### **L triple side, R rock back, R kick ball change x 2**

1&2 3 4 Step L to side (1), step R beside left (&), step L to side (2),  
step back on ball of R (3), step L in place (4)  
5&6 7&8 Kick R forward (5), step R back (&), step L in place (6),  
kick R forward (7), step R back (&), kick L in place (8)

#### **R triple forward, L rock forward, L triple back, R triple back (optional full turn)**

1&2 3 4 Step R forward (1), step L together (&), step R forward (2), step L forward (3), recover R (4),  
5&6 7&8 Step L back (5), step R beside left (&), step L back (6),  
step R back (7), step L beside right (&), step R back (8)  
You can make an optional full turn left on the back triples

#### **Walk back L, R, L, R, L step side, hip roll**

1 2 3 4 Step back L (1), step back R (2), step back L (3), step back R (4),  
5 6 7 8 Step L to side (5), roll hips (6,7,8)...end with weight on left; optional shimmy on the back walks

#### **R box with brush, L box with brush**

1 2 3 4 Step R across left (1), step L back (2), step R to side (3) brush L forward (4),  
5 6 7 8 Step L across right (5), step R back (6), step L to side (7), brush R forward (8)

#### **Walk forward R, L (optional full turn touch steps), R, L, R, L**

1 2 3 4 Step R forward (1,2), step L forward (3,4),  
5 6 7 8 Step R forward (5), step L forward (6), step R forward (7), step L forward (8)  
You can do an optional full turn left by doing two touch steps on the first 4 counts

#### **R side, L together, R side, L touch, L side, R together, L side, R touch**

1 2 3 4 Step R to side (1), step L beside right (2), step R to side (3), touch L beside right (4),  
5 6 7 8 Step L to side (5), step R beside left (6), step L to side (7), touch R beside left (8)

#### **Hip roll making ½ turn left**

1 – 8 Roll hips while making a ½ turn left (1-8)...slow & sexy...take your time!

### Part B.....the rap part!

#### **R kick step, L lock step, L kick step, R lock step**

1&2& Kick R forward (1), step R forward (&), step L behind right (2), step R in place (&)  
3&4& Kick L forward (3), step L forward (&), step R behind left (4), step L in place (&)

#### **Shorty George, R step side**

5&6 7&8 Kick R diagonal (5), step R forward (&), step L forward (6), step R forward (7),  
step L forward (&), step R to side (8)...these steps are small with knees together and bent

#### **Hand work**

1&2&3&4 Lift arms to shoulder height, bent at elbows with palms down with left on top of right (1),  
lift L palm up at wrist (&), lift R palm up at wrist (2)...palms are now facing each other,  
replace L palm to facing down position (&), place R palm on top of left (3), straighten arms out in front  
of you with palms down (&) pull arms in at sides making fists with palms facing up (4)

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**Turn head L, turn upper body L, turn lower body L, step R forward**  
5 6 7 8 Turn head L (5), turn upper body L (6), turn lower body L bending knees (7), step R forward (8)

**L kick forward & step, R kick forward & step, L kick side & step, R kick side & step**  
1&2& Kick L forward (1), step L beside right (&), kick R forward (2), step R beside left (&)  
3&4& Kick L to side (3), step L beside right (&), kick R to side (4), step R beside left (&)

**L step side, R together, L step side, R touch**  
5 6 7 8 Large step L to side (5), step R beside left (6), large step L to side (7), touch R beside left (8)

**R triple back, L triple back ¼ turn**  
1&2 3&4 Step R back (1), step L beside right (&), step R back (2),  
step L back (3), step R beside left (&), step L back making ¼ turn left (4)...feet will be apart

**Slap hips front and back, sway hips R, L**  
5&6&7 8 Slap R fist on front of right hip (5), slap L fist on front of left hip (&),  
slap R hand on back of right hip (6), slap L hand on back of left hip (&), sway hips R (7),  
sway hips L (8)...weight is on left

**Part C..... the “oooooh” part!**

**R rock forward & sweep step, L mambo side & touch, R mambo side & touch, L&R step touch**  
1 2 3 4 Step R forward (1), recover L (2), sweep R to back (3), step R behind right (4),  
5 6 7 8 Step L to side (5), step R in place (6), step L beside right (7), touch R beside left (8),

1 2 3 4 Step R to side (1), step L in place (2), step R beside left (3), touch L beside right (4),  
5 6 7 8 Step L beside right (5), touch R beside left (6), step R beside left (7), touch L beside right (8)

**L rock forward & sweep step, R mambo side & touch, L mambo side & touch, R&L step touch**  
1 2 3 4 Step L forward (1), recover R (2), sweep L to back (3), step L behind right (4),  
5 6 7 8 Step R to side (5), step L in place (6), step R beside left (7), touch L beside right (8),

1 2 3 4 Step L to side (1), step R in place (2), step L beside right (3), touch R beside left (4),  
5 6 7 8 Step R beside left (5), touch L beside right (6), step L beside right (7), touch R beside left (8)

**Part D..... the part that’s left!**

**R step side, shoulder isolation, hold, head flick, chug L x 4**  
1 2&3&4 Step R to side (1), push shoulders forward (2), pull shoulders back (&), hold (3)  
bend head to left as if trying to touch ear to shoulder (&), raise head (4),  
5 6 7 8 Rotate ¼ turn L on left foot while sliding R foot on floor with each count (5,6,7,8)

1-8 Repeat above 8 counts  
(this time your feet are already apart so just do an extra chug on count 1 then continue)  
1 2&3&4 5 6 7 8

**BIG FINISH!**

(Listed as B- in the sequence) The dance will end 4 counts before the end of Part B.  
You will do the two triples back and when you make the ¼ turn left (on count 4),  
just stop moving...strike a pose!