

Mi Gran Amore

I wouldn't have thought that the Tropics and the Beatles would necessarily go hand in hand, but I changed my mind when I heard this version of 'And I Loved Her'. No rushing the steps, just move gracefully to the rhythm, exactly as Francien intends.

4 WALL - 40 COUNTS - IMPROVER

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1	Side, Hold, Back Rock, Step, Hold, Step. Pivot 1/2 turn		
1-2	Step left to left side. Hold (Drag right).	Side Hold	Left
3-4	Rock right behind left. Recover onto left.	Rock Back	On the spot
5-6	Step forward on right. Hold (Drag left)	Step Hold	Forward
7-8	Step forward on left. Pivot 1/2 turn right.	Step Pivot	Turning right
Section 2	1/2 Turn, Ronde, Behind, Side, Cross Rock, Side, Hold		
1-2	Turn 1/2 right and step back on left. Ronde right back.	Turn Ronde	Turning right
3-4	Step right behind left. Step left to left side.	Behind Side	Left
5-6	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
7-8	Step right big step to right side. Hold (Drag left)	Side Hold	Right
Section 3	Cross, Full Turn, Side, Hold, Back Rock, Hip Sways		
1-2	Cross left over right. Turn full turn right (Sharp turn)	Step Turn	Turning right
3-4	Step left to left side. Hold (Drag right)	Side Hold	Left
5-6	Rock right behind left. Recover onto left.	Rock Back	On the spot
7-8	Rock right to right side and sway hips right. Sway hips left. Sway Sway		
Section 4	1/4 Turn Ronde, Cross, Side, Back Rock, Side, Behind		
1-2	Turn 1/4 right and step forward on left. Left ronde forward	Turn Ronde	Turning right
3-4	Cross left over right. Step right to right side.	Cross Side	On the spot
5-6	Rock left behind right. Recover onto right.	Back Rock	
7-8	Step left to left side. Step right behind left.	Side Behind	Left
Restart	Walls 3 and 7 at this point.		
Section 5	Side, Hold, Rock Back x2		
1-2	Step left to left side. Hold (Drag right)	Side Hold	Left
3-4	Rock right behind left. Recover onto left.	Back Rock	On the spot
5-6	Step right to right side. Hold (Draft left)	Side Hold	Right
7-8	Rock left behind right. Recover onto right.	Back Rock	On the spot

Choreographed by:

Francien
Sittrop
NL
April 2011

Choreographed to:

'And I Love Her' by Joe
Alberto 'El Canario' from CD
Rmm Tropical Tribute To The
Beatles also available from
amazon.com

Restart:

Two Restarts: On Walls 3 & 7
after count 32



A video clip of this
dance is available at
www.linedancermagazine.com