

## Mendes

48 count, 4 wall, intermediate level

Choreographer: Neville Fitzgerald (UK) July 2006  
Choreographed to: Mas Que Nada. Sergio Mendes  
Feat' Black Eyed Peas. CD Single

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Starts on main vocal... Mas Que Nada

### **Side Mambo Step, Rock & Cross, 1&1/4 Reverse Paddle Turn.**

- 1&2 Rock to Left side on Left, recover on Right, step Left next to Right.  
3&4 Rock to Right side on Right, recover on Left, cross step Right over Left.  
5 Make 1/4 turn to Right stepping back on Left.  
&6& 1/4 turn Right stepping forward Right, 1/4 turn Right stepping back on Left, step forward on Right.  
7&8 1/4 turn Right stepping back on Left, 1/4 turn Right stepping forward on Right, step forward Left.

*( Simplified: Counts 5-8 make 1 & 1/4 turn to Right stepping L-R-L-R-L-R-L... almost on the spot)*

### **Mambo Step, Coaster Step Lock Step, Touch, Side Together Back.**

- 1&2 Rock forward on Right, recover on Left, step Right next to Left.  
3&4 Step back on Left, step Right next to Left, step forward on Left.  
&5-6 Lock Right behind Left, step forward on Left, touch Right next to Left.  
7&8 Step Right to Right side, step Left next to Right, step back on Right.

### **Side Together Forward, Side Together Side, 1/4 Hinge, 1/4 Hinge, 1/4 Turn Together Side.**

- 1&2 Step Left to Left side, step Right next to Left, step forward on Left.  
3&4 Step Right to Right side, step Left next to Right, step Right to Right side.  
5-6 Make 1/4 turn to Left stepping Left to Left side, 1/4 turn to Left stepping Right to Right side.  
7&8 Make 1/4 turn to Left stepping Left to Left side, step Right next to Left, step Left to Left side.

### **Step Rock Step, Step Rock Step, Step 3/4 Side, Behind & Cross.**

- 1&2 Step Right forward & across Left, rock to Left side on Left, recover on Right.  
3&4 Step Left forward & across Right, rock to Right side on Right, recover on Left.  
5&6 Step forward on Right, pivot 1/2 turn to Left, make 1/4 turn Left stepping Right to Right side.  
7&8 Cross step Left behind Right, step Right to Right side, cross step Left over Right.

### **Rock & Cross & Cross & Cross, 1/4 Turn, 1/4 Turn, Cross & Cross.**

- 1&2 Rock Right to Right side, recover on Left, cross step Right over Left.  
&3&4 Step Left to Left side, cross step Right over Left, step Left to Left side, cross step Right over Left.  
5-6 Make 1/4 turn to Right stepping back on Left, 1/4 turn to Right stepping Right to Right side.  
7&8 Cross step Left over Right, step Right to Right side, cross step Left over Right.

### **Kick Out, Out & Cross Touch Kick, Syncopated Weave to Left.**

- 1&2 Kick Right forward, step Right slightly to Right side, step Left slightly to Left side.  
&3 Step Right next to Left, cross step Left over Right.  
&4 Touch Right toe next to Left, Kick Right forward Diagonal Right.  
5&6 Cross step Right behind Left, step Left to Left side, cross step Right over Left.  
&7&8 Step Left to Left side, cross step Right behind Left, step left to Left side, cross step Right over Left.