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Meltdown

32 count, 4 wall, Intermediate level
Choreographer : Chris Peel (UK) April 2001
Choreographed to : Meltdown by The Bellamy
Brothers on Crazy From The Heart (120 bpm)
Alternative music: She's All That (123 bpm) by
Collin Raye on Steppin' Country 4 album
[Columbia 500954 2]
e-mail : chronis@tinyworld.co.uk

Note: Allow 8 bars count-in. Lyrics will kick in on second wall.

STEP, KICK, COASTER-BACK, SIDE ROCK, FULL-TURN RIGHT

- 1-2 Step left forward, kick right forward
- 3&4 Step right back – step left beside right, step right forward
- 5-6 Rock left to side, rock weight on right
- 7&8 Full turn right stepping left – right, left

PIVOT ¼ TURN LEFT, RIGHT KICK-BALL CHANGE, LEFT HEEL TOUCHES

- 9-10 Step forward right into pivot ¼ turn left, switch weight to side onto left
- 11&12 Kick right forward – step right beside left, step left in place
- 13-14 Step right back, touch left heel forward
- &15&16 Step left together – touch right toe beside left instep, step right beside left – touch left heel forward

STOMP, HOLD/CLAP, STEP-PIVOT, STEP, FORWARD, ROCK, LOCK-SHUFFLE BACK

- 17-18 Stomp left to side, hold & clap
- 19&20 Step right forward into pivot ½ turn left – switch weight forward onto left, step right forward
- 21-22 Rock left forward, rock weight back onto right
- 23&24 Step left back – lock right across left, step left back

BACK ROCK, LOCK-SHUFFLE FORWARD, STOMP, HOLD/CLAP, STEP-PIVOT, STEP

- 25-26 Rock right forward, rock weight back onto left
- 27&28 Step right forward – lock left behind right, step right forward
- 29-30 Stomp left to side, hold & clap
- 31&32 Step right forward into pivot ½ turn left – switch weight forward onto left, step right forward

REPEAT