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- 1. Toe Points, Side Shuffle, Rock Step, Recover Step**
1-2 point left to left side, return to center (keeping weight on right)
3-4 point left to left side, return to center (keeping weight on right)
5&6 side shuffle to the left left, right, left
7-8 rock back on right, recover on left
- 2. Toe Points, Side Shuffle, Rock Step, Recover Step**
1-2 point right to right side, return to center (keeping weight on left)
3-4 point right to right side, return to center (keeping weight on left)
5&6 side shuffle to the right right, left, right
7-8 rock back on left, recover on right
- 3. Forward Shuffles, 1/4 CCW Turn, Behind Step**
1&2 forward shuffle left, right, left
3&4 forward shuffle right, left, right
5&6 forward shuffle left, right, left
When doing contra, doing this turn clap opposition's hands
7-8 step forward on right making 1/4 CCW Turn, step left behind right
- 4. 1/4 CW Turning Shuffle, 1/4 CW Turn, Behind Step, 1/4 CCW Turning Shuffle, Forward Step, 1/2 CCW Turn**
1&2 step right making 1/4 CW Turn, step forward on left, step forward on right
When doing contra, doing this turn clap opposition's hands
3-4 step forward on left making 1/4 CW Turn, step right behind left
5&6 step left making 1/4 CCW Turn, step forward on right, step forward on left
7-8 step forward on right, step left making 1/2 CCW Turn
- 5. Toe Points, Forward Shuffle, Modified Jazz Box**
1-2 point right to right side, return to center (putting weight on right)
3-4 point left to left side, return to center (keeping weight on right)
5&6 forward shuffle left, right, left
7&8 cross right over left, step back on left, step right next to left
- 6. Forward Steps, Kick, Back Steps, Modified Coaster Steps**
1-2 step forward on left, step forward on right
When doing contra, at kick clap hands with opposition.
3-4 step forward on left, kick forward with right
5-6 step back on right, step back on left
7&8 step back on right, step back left stomp right next to left

This dance can be done in Contra in slot positions.
