

## Medicine

32 Count, 2 Wall, Improver

Choreographer: Mark & Shelly Guichard (UK) April 2014  
Choreographed to: Medicine by Shakira (feat Blake Shelton),  
Album: Shakira Deluxe Version (iTunes)

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Intro 17 seconds

**1 Step Fwd R, Point L, Cross Shuffle, Rock ¼ Turn Shuffle Fwd.**

- 1-2 Step fwd on Right, Point left to left side (12 O Clock)  
3&4 Cross left over right, Step right to right side, Cross left over right (12 O Clock)  
5-6 Rock right to right side, Recover weight to left as you turn ¼ left (9 O Clock)  
7&8 Step fwd on right, Step left next to right, Step fwd on right (9 O Clock)

**2 Step Pivot ½ Turn, Kick Ball Step, Walk, Walk, ¼ Turn Cross.**

- 1-2 Step fwd on left, Pivot ½ turn over right (3 O Clock)  
3&4 Kick left fwd, Step ball of left next to right, Step fwd on right (3 O Clock)  
5-6 Step fwd on left, Step fwd on right (3 O Clock)  
7&8 Step fwd on left, Pivot ¼ right, Cross left over right (6 O Clock)

**3 Step Touch, Kick Ball Cross, Hinge Turn, Shuffle Fwd.**

- 1-2 Step right to right side, Touch left beside right (6 O Clock)  
3&4 Kick left fwd, Step left back, Cross right over left (6 O Clock)  
5-6 Making ¼ turn right step back on left, Making ¼ turn right stepping right to right side (12 o'clock)  
7&8 Step fwd on left, Step right next to left, Step fwd on left (12 O Clock)

**RESTART HERE WALL 3 & 6**

**4 2x ¼ Paddle Turns, 2x Samba Steps.**

- 1-2 Step fwd on right, Pivot ¼ turn left (9 O Clock)  
3-4 Step fwd on right, Pivot ¼ turn left (6 O Clock)  
5&6 Cross right over left, Rock left to left side, Recover onto right (6 O Clock)  
7&8 Cross left over right, Rock right to right side, Recover onto left (6 O Clock)

**Restarts**

- On Walls 3 and 6 after section 3.  
Shuffle fwd Left (counts 7&8) then restart the dance.