

Me My Heart And I

64 Count, 2 Wall, Intermediate

Choreographer: Marianne Langagne (FR) Aug 2013

Choreographed to: Me, My Heart And I by Ashley Gearing,

CD: Me, My Heart and I (iTunes)

Intro: 16

1 RIGHT TRIPLE SIDE, CROSS, SIDE, BEHIND SIDE CROSS, RIGHT & LEFT POINT

- 1&2 Chassé side right-left-right
- 3-4 Cross left over, step right side
- 5&6 Behind-side-cross left-right-left
- 7&8 Touch right side, step right together, touch left side

2 CORKSCREW & TOUR RIGHT.SIDE TRIPLE POINT FORWARD, HOLD

- &1 Step left together, cross right over
- 2-3-4 Unwind a full turn left over 3 counts (weight to left)
Option for 1-4: rocking chair
- 5&6 Chassé side right-left-right
- 7-8 Point left forward, hold

Restart: On wall 3, replace hold with stomp left together and restart dance at count 1

3 & STEP FORWARD, LEFT ½ TURN, FULL TURN, OUT, OUT, CROSS & HEEL

- &1-2 Step left together, step right forward, turn ½ left (weight to left)
- 3-4 Turn ½ left and step right back, turn ½ left and step left forward (6:00)
- 5-6 Step right side, step left side
- 7&8& Cross right over, step left side, touch right heel forward, step right together

4 CROSS, HOLD, CROSS SHUFFLE, SIDE, TOUCH, STEP LEFT ¼ TURN, TOUCH

- 1-2 Cross left over, hold
- &3&4 Step right side, cross left over, step right side, cross left over
- 5-6 Step right side, touch left together
- 7-8 Turn ¼ left and step left forward, touch right together (3:00)

5 STEP, TOUCH, STEP, SCUFF, ROCK STEP, RIGHT.TRIPLE ½ TURN

- 1-2 Turn ¼ left and step right side, touch left together (12:00)
- 3-4 Turn ¼ left and step left forward, scuff right forward (9:00)
- 5-6 Rock right forward, recover to left
- 7&8 Chassé back right-left-right turning ½ right (3:00)

6 RIGHT FULL TURN, RIGHT ¼ TURN, SIDE ROCK, STEP FORWARD, POINT, STEP FORWARD, POINT

- 1-2 Turn ½ right and step left back, turn ½ right and step right forward
- 3-4 Turn ¼ right and rock left side, recover to right (6:00)
- 5-6 Cross left over, touch right side
- 7-8 Cross right over, touch left side

7 BACK, POINT, JAZZ BOX WITH RIGHT ¼ TURN, ROCK RIGHT SIDE

- 1-2 Cross left behind, touch right side
 - 3-4 Cross right over, turn ¼ right and step left back
- Restart** from here on wall 4
- 5-6 Turn ¼ right and step right side, cross left over (9:00)
 - 7-8 Rock right side, recover to left

8 CROSS ROCK, SIDE, CROSS ROCK, STEP WITH LEFT ¼ TURN, ROCK STEP

- 1-2 Cross/rock right over, recover to left
- 3-4 Step right together, cross/rock left over
- 5-6 Recover to right, turn ¼ left and step left forward
- 7-8 Rock right forward, recover to left

RESTART

On wall 3, replace hold on count 8 with stomp left together and restart dance at count 1
Restart after count 52 on wall 4
