

## Me Ma's Sham Rock

64 count, 4 wall, intermediate level

Choreographer: Matthew Atkins (England) Feb 2005

Choreographed to: Tell Me Ma by Sham Rock

(128 bpm)

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Intro:32 after 1st heavy beat

1&2 point right to right side hitch right in front of left cross right over left  
3&4 step left back step right beside left step left forward  
5-6 rock right to right side recover onto left  
7&8 step right to right side step left beside right step right to right

1-2 rock left in front of right recover on right  
3&4 triple a full reverse turn over left shoulder on a left right left  
5&6 put right heel forward change and put left heel forward  
&7,8 change and put right heel forward clap

1-2 step onto left pivot half a turn right.  
3&4 left shuffle  
5-6 rock forward onto right recover on left  
7&8 triple a three quarter turn right on a right left right

1-2 rock left forward back on right  
3&4 coaster step left  
5-6 point right to right place it beside left  
7-8 pivot half turn pointing left bring in place  
7-9  
1 Rock diagonally forward to left on right foot  
& Step left foot in place  
2 Rock diagonally back to right on right foot, kicking left foot forward  
& Step left foot in place  
3 Rock diagonally forward to left on right foot  
& Step left foot in place  
4 Rock diagonally back to right on right foot, kicking left foot forward  
& Step left foot in place  
5 Rock diagonally forward to left on right foot  
& Step left foot in place  
6 Rock diagonally back to right on right foot, kicking left foot forward  
& Step left foot in place Rock diagonally forward to left on right foot  
7 Step left foot in place  
& Rock diagonally back to right on right foot, kicking left foot forward  
8 Step left foot in place

1-2 rock right to right recover on left  
3&4 sailor step half turn  
5&6 forward mambo right  
7&8 back mambo left

1-2 step right to right hold  
&3-4 and change hold  
&5-6 and change hold  
7&8 left sailor step quarter turn left

1-8 full turn mambo step forward two walks back coaster step

