

## Me & My Boy

32 Count, 2 Wall, Improver

Choreographer: Ann-Kristin Sandberg (Norway) Nov 2012  
Choreographed to: The Boy Does Nothing by Alesha Dixon,  
EP (iTunes)

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Start dancing on vocals "Does he wash up". (24 sec into the music)

### **Rock-Kick-Rock-Kick-Kick –Steps-Hip to right left right**

- 1&2& Rock right foot to right side. Recover onto left. Kick right foot forward. Step right foot back  
3&4& Rock left foot to left side. Recover onto right. Kick left foot forward. Step left foot back  
5&6& Kick right foot forward. Step right foot back. Kick left foot forward. Step left beside right  
7&8 Move right hip to right side. Move left hip to left side. Move right hip to right side.

### **Chasse-1/4 turn R-Chasse-Coaster step-Shuffle**

- 1&2 Step left foot to left side. Step right beside left. Step left foot to left side  
3&4 ¼ turn right stepping right to right side. Step left beside right. Step right to right side (3:00)  
5&6 Step left foot back. Step right beside left. Step left foot forward  
7&8 Step right foot forward. Step left beside right. Step right foot forward

### **Step-1/4 turn right-Cross-Chasse-Touch heels-Coaster step**

- 1&2 Step left foot forward. ¼ turn right stepping right to right side. Cross left in front of right (06.00)  
3&4 Step right to right side. Step left beside right. Step right to right side  
5&6& Touch left heel forward. Left beside right. Touch right heel forward. Right beside left  
7&8 Step left foot back. Right beside left. Step left foot forward

### **Running steps-Rock-Recover-Side steps right-Side steps left**

- 1&2 Step right foot forward. Step left foot forward. Step right foot forward  
3&4 Rock left foot forward. Recover onto right. Step left beside right  
5& Step right to right side. Left beside right & clap hands at the same time.  
6& Step right to right side. Touch left beside right & clap hands at the same time  
7& Step left to left side. Right beside left & clap hands at same time  
8& Step left to left side. Touch right beside left & clap hands at same time
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