

## Mash Up My Mind!

64 count, 2 wall, beginner/intermediate level  
Choreographer: Shaz Walton (UK) Sept 2007  
Choreographed to: Beautiful Girls by Sean Kingston,  
CD: Sean Kingston

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### **SIDE, SAILOR ¼ TOUCH, SIDE, SAILOR ¼ TOUCH**

- 1-2&3 Step right to right side, cross left behind right, make ¼ left stepping right to right side, step left to left side  
4 Touch right beside left, 5-6&7 step right to right side, cross left behind right, make ¼ left stepping right to right side, step left to left side  
8 Touch right beside left

### **STEP FORWARD, HOLD, STEP TOGETHER, STEP FORWARD, (USING HIPS) ROCK, RECOVER, ½ TURN, TOUCH**

- 1-2 Step forward right, hold  
3-4 Step left to right heel, step forward right (use Cuban hip motion)  
5-6 Rock left forward, recover on right  
7-8 Make ½ turn left stepping left forward, touch right to right side

### **SWEEP, UNWIND, SWEEP, CROSS ROCK, RECOVER, SWEEP, UNWIND, SWEEP, CROSS ROCK, RECOVER**

- 1-2 Sweep right across left, unwind ½ turn left, (weight ends on right)  
3-4 Sweep left out as you cross rock left behind right, cross right over left  
5-6 Sweep left across right, unwind ½ turn right, (weight ends on left)  
7-8 Sweep right out as you cross rock right behind left, cross left over right

### **STEP, SWAY, HOLD, SWAY, HOLD, STEP SIDE, TOGETHER, SIDE, TOUCH (USING HIPS)**

- 1-2 Step right to right & sway hips to right, hold  
3-4 Sway hips to left, hold  
5-6 Using hips to full potential- step right to right side, step left beside right  
7-8 Step right to right side, touch left beside right

### **ROCK, RECOVER, HEEL JACK, OUT, OUT, SWIVEL ¼, REPLACE, COASTER STEP**

- 1-2& Rock left forward, recover on right, step left beside right  
3&4 Touch right heel forward, step right to right side, step left to left side  
5-6 Swivel left toe (raised) & right heel ¼ left, replace to center, (weight ends left)  
&7-8 Step back right, step back left, step forward right

### **STEP, HOLD, LOCK STEP, TOUCH, BACK, ¼, ¼, KICK**

- 1-2 Step forward left, hold  
&3 Lock right behind left, step left forward  
4 Touch right beside left  
5-6-7-8 Step right back, start to make ½ turn right by stepping left behind right, step right forward, low kick left forward

### **STEP, SLOW PIVOT ½, ROCK RECOVER STEP, SLOW PIVOT ½ ROCK RECOVER**

- 1-2 Step on left make ½ pivot turn right (smooth) weight stays on left  
3-4 Rock right back, recover on left  
5-6 Step forward right, make ½ pivot turn left (smooth) weight stays on right  
7-8 Rock left back, recover on right

### **SIDE, HOLD, BALL CROSS, HOLD, SIDE ROCK, RECOVER, BALL SIDE, TOUCH**

- 1-2 Step left to left side, hold  
&3-4 Step right beside left, cross left over right, hold  
5-6 Rock right to right side, recover on left  
&7-8 Step right beside left, step left to left side, touch right beside left
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