

Mas Que Nada

48 count, 4 wall, intermediate level

Choreographer: Kate Sala (UK) June 2006

Choreographed to: Mas Que Nada by Sergio Mendes,
ft. Black Eyed Peas

Start after 16 counts

Section 1 Walk forward, 1/2 Turn R, Coaster Step, Walk Forward, 1/2 Turn L, Coaster Step.

- 1 2 Step forward on R. Turn 1/2 R stepping back on L.
- 3 & 4 Step back on R. Step L next to R. Step forward on R.
- 5 6 Step forward on L. Turn 1/2 L stepping back on R.
- 7 & 8 Step back on L. Step R next to L. Step forward on L.

Section 2 Front sailor Step, L Sailor Step, R Coaster Step 1/4 Turn R, Side Rock 1/4 Turn R.

- 1 & 2 Cross step R over L. Step L to L side. Step R in place.
- 3 & 4 Cross step L behind R. Step R to R side. Step L in place.
- 5 & 6 Turn 1/4 R stepping back on R. Step L next to R. Step forward on R.
- 7 & 8 Side rock on L to L side. Turn 1/4 R stepping R in place. Step forward on L.

Section 3 Full Turn Left With 3 Paddle Turns, Step Forward, Rocking Chair, L Side Kick With Hop

- 1 & Turn 1/4 L touching R toe out to R side. Recover weight on L.
- 2 & Turn 1/4 L touching R toe out to R side. Recover weight on L.
- 3 & Turn 1/4 L touching R toe out to R side. Recover weight on L.
- 4 Turn 1/4 L stepping forward on R. Facing 6 o'clock wall.
- 5 & 6 & Rock forward on L. Rock back on R. Rock back on L. Rock forward on R.
- 7 & Rock forward on L. Small hop back on R.
- 8 Small jump to the R on R while kicking L out to L side.

Section 4 L sailor step, R Knee In, Out, Hitch, Side Kick, Behind, Step L, R Chasse.

- 1 & 2 Cross step L behind R. Step R out to R side. Step L to L side.
- 3 & 4 Turn R knee in towards L. Turn R knee out. Hitch R knee up and across L.
(or just turn R knee in again)
- 5 & 6 Kick R out to R side. Cross step R behind L. Step L to L side.
- 7 & 8 Step on R to R side. Step L next to R. Step on R to R side.

Section 5 Tap L Toe In, Out, In, Hitch, Coaster Step, Turn 1/4 L Side Rock & Cross, L Weave.

- 1 & 2 Touch L toe next to R instep. Touch L toe out to L side. Touch L toe next to R instep.
- & Hitch L knee up with a hop on the right in place.
- 3 & 4 Step back on L. Step R next to L. Step forward on L.
- 5 & 6 Turn 1/4 L and rock on R out to R side. Recover on to L. Cross step R over L.
- & 7 & 8 Step L to L side. Cross step R behind L. Step L to L side. Cross step R in front of L.

Section 6 L Side Rock, Turn 1/4 R & Step Forward, Turn 1/2 R, Turn 1/4 R, Cross Rock, Side Rock, Back Rock, Side Step, Behind.

- 1 & 2 Rock on L out to L side. Turn 1/4 R stepping R in place. Step forward on L.
- 3 4 Walk around 3/4 turn R on R, L to bring you back to the 3 o'clock wall.
- 5 & 6 & Cross rock R over L. Recover on to L. Side rock on R to R side. Recover on to L.
- 7 & Rock on R behind L. Recover on to L.
- 8 & Step R to R side. Step ball of L behind R.