STEPPIN'OFF



THEPage



Approved by:



Apricot Stone

4 WALL – 32 COUNTS – INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 & 4 5 - 6 7 & 8	Step Forward x 2, Forward Mambo, Step Back x 2, Coaster Step Step right forward. Step left forward. Rock forward on right. Rock back onto left. Step right back. Step left back. Step right back. Step left back. Step right beside left. Step left forward.	Right Left Mambo Forward Back Back Coaster Step	Forward On the spot Back On the spot
Section 2 1 & 2 & 3 4 5 & 6 7 - 8	Step, Pivot, Cross Shuffle, Side, Sailor Step, Cross, 1/4 Turn Step right forward. Pivot 1/4 turn left. (9:00) Cross right over left. Step left to left side. Cross right over left. Step left to left side. Cross right behind left. Step left to left side. Step right diagonally forward. Cross left over right. Make 1/4 turn left, stepping right back. (6:00)	Step Pivot Cross Shuffle Side Sailor Step Cross Turn	Turning left Left On the spot Turning left
Section 3 & 1 & 2 & 3 & 4 5 - 6 & 7 - 8 &	1/4 Turn With Sweep, Syncopated Weave, Nightclub Basic x 2 Make 1/4 turn left and sweep left foot back. Cross left behind right. Step right to right side. Cross left over right. Step right to right side. Cross left behind right. Step right to right side. Cross left over right. (3:00) Step right to right side. Rock left back behind right. Rock right forward across left. Step left to left side. Rock right back behind left. Rock left forward across right.	Turn Cross Side Cross Side Behind Side Cross Side Back Rock Side Back Rock	Turning left Right Left
Section 4 1 - 2 3 4 Note Restart 5 & 6 7 & 8 Option	1/4 Turn, Paddle 1/4 Turn x 3, Mambo 1/2 Turn, Forward Shuffle Turn 1/4 right and step right forward. Turn 1/4 right and touch left toe slightly left. Turn 1/4 right and touch left toe slightly left. Turn 1/4 right and step left forward. (3:00) Counts 1 - 4 are a full turn right. Put your arms in the air and roll your hips! Wall 4: Restart dance again from beginning at this point. Rock right forward. Rock back on left beginning turn. Step right 1/2 turn right. Step left forward. Close right beside left. Step left forward. Counts 7 & 8: Do full turn right, stepping - left, right, left.	Turn Paddle Paddle Turn Mambo Turn Left Shuffle	Turning right Forward
Tag 1 1 – 2	End of Wall 2 (facing 6:00): Finger Clicks Click fingers twice.		
Tag 2 1 & 2 3 & 4	End of Wall 7 (facing 9:00): Forward Mambo, Back Mambo Rock forward on right. Rock back on left. Step right back. Rock back on left. Rock forward on right. Step left forward.		

Choreographed by: Amund Storsveen (NO) May 2011

Choreographed to: 'Apricot Stone' by Eva Rivas (101 bpm) from CD Eurovision Song

Contest 2010; or as download from amazon or iTunes (4 count intro)

Tags/Restart: Two short Tags (end of Walls 2 and 7), one Restart during Wall 4

Choreographer's note: Dedicated to the hard-working people at Floienrock 2011, Bergen, Norway



A video clip of this dance is available at www.linedancermagazine.com