

ROCKS & WEAVES.

- 1 - 2 Rock right to right side. Recover onto left
3 & 4 Step right behind left, step left to left side, cross right over left
5 - 6 Rock left to left side. Recover onto right
7 & 8 Step left behind right, step right to right side, cross left over right

TWISTS & BACK CLAPS

- 1 - 2 Swivel heels to left. Swivel heels to right
3 & 4 Swivel heels to left, to right & back to center
& Step diagonally back on left
5 - 6 Tap right heel twice.
& Step diagonally back on right
7 - 8 Tap left heel twice

/Steps 1 - 4 should be performed with a swaying movement

BACK CLAPS & SCOTS

- & Step diagonally back on left
1 - 2 Tap right heel twice
& Step diagonally back on right
3 - 4 Tap left heel twice
5 - 6 Rock forward on right. Recover onto left
& 7 Scoot back on left & step down on right
& 8 Scoot back on right & step down on left

WEAVES & PIVOT TURN

- 1 - 2 - 3 Step back on right turning 1/4 turn right. Cross left over right. Step right to right side
& 4 Step left beside right & touch right out to right side
5 & 6 Cross right behind left, step left to left side & cross right over left
7 - 8 Step left to left turning 1/4 turn to left. Pivot 1/2 turn left on ball of left, stepping back on right

/Arms:

- 1 Click fingers in front of chest
2 Click fingers out to sides.
3 Click fingers in front of chest
4 Flare arms out to sides, fingers spread

SLIDE, HEEL BALL STEP & FULL TURN

- & Step left beside right
1 Step back on right bumping hips to right
2 Step back on left bumping hips to left
3 & 4 Slide right back slightly behind left, touch left heel forward & touch left toe back
5 & 6 Touch left heel forward, step back in place & step forward on right
7 - 8 Step forward left, right, making a full turn over right shoulder

HEEL BALL CROSS, ROCK, WEAVE & SWEEP TURN

- & Step weight onto left foot
1 & 2 Touch right heel forward, step right beside left & cross left over right
3 - 4 Rock right to right side. Recover onto left
5 & 6 Step right behind left, step left to left side & cross right over left.
7 - 8 Touch left toe diagonally forward to left. Sweep left round beside right making 1/2 turn left

ROCKS & TRIPLE STEPS

- 1 - 2 Rock forward on right. Recover onto left
3 & 4 Triple step on the spot right, left, right
5 - 6 Rock forward on left. Recover onto right
7 & 8 Triple step turning 1/4 turn left stepping left, right, left

STOMPS, CLAPS & BODY ROLL

- 1 - 2 Stomp forward on right. Clap hands once
- & 3 Step forward on left and hitch right knee
- & 4 Clap hands twice
- 5 - 6 Stomp right forward. Hold for one count
- 7 - 8 Push head forward, followed by shoulders and rest of body (forward body roll) over 2 counts

REPEAT

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