

SIDE ROCK / CROSS SHUFFLE

- 1 - 2 Step right to right side, rock weight onto left
3 & 4 Cross step right over left, step left to left side, cross step right over left

SIDE ROCK 1/4 TURN RIGHT / SHUFFLE FORWARD

- 1 - 2 Step left to left side, rock weight onto right making 1/4 turn right
3 & 4 Step forward on left, step right behind left heel, step forward left

ROCK STEPS (WITH LARGE HIP CIRCLES) / SHUFFLE FORWARD / ROCK STEP

- 1 - 2 Step forward on right, rock weight back onto left (circling hips to left)
3 - 4 Rock weight forward onto right, rock back onto left (circling hips to left)
5 & 6 Step forward on right, step left behind right heel, step forward right
7 - 8 Step forward on left, rock weight back onto right

SLIDE BACK-BACK / TRIPLE SLIDE BACK / STEP BACK-HOLD / SHUFFLE FORWARD

- 1 - 2 Slide ball of left foot back, slide ball of right foot back
3 & 4 Slide ball of left foot back, slide ball of right foot back, slide ball of left foot back
5 - 6 Step back on right, hold position for one count
7 & 8 Step forward on left, step right behind left heel, step forward on left

SIDE ROCK RIGHT / TRIPLE 1/2 TURN LEFT / SIDE ROCK LEFT / TRIPLE 1/2 TURN RIGHT

- 1 - 2 Step right to right side, rock weight onto left
3 & 4 Triple step in place making 1/2 turn left on right-left-right
5 - 6 Step left to left side, rock weight onto right
7 & 8 Triple step in place making 1/2 turn right on left-right-left

REPEAT**IMPORTANT INFO FOR LONG INTRODUCTION**

/When using Mucho-Mambo, there is a 55 second intro, so fast forward your CD to 50 seconds, and listen for the words "When Marimba Rhythm Starts To play". And start the dance on the word "STARTS".
