

Appreciate

32 Count, 2 Wall, Intermediate

Choreographer: Tessa Jansen (NL) April 2012

Choreographed to: Appreciate by Charlotte Perrelli

Intro: 16

STEP, ½ TURN, STEP, TURN ½ LEFT, TURN ¼ LEFT, SIDE, CROSS, ROCK SIDE BEHIND, SIDE, CROSS, SWEEP

- 1-2& Step right forward, step left forward, turn ½ right (right is forward) (6:00)
3&4 Step left forward, turn ½ left and step left back, turn ¼ left and step left side (9:00)
&5-6 Cross right over left, right, left rock to left side, recover to right and sweep behind right
7&8& Left cross behind right, step right side, cross left over right, sweep right from back to front

CROSS, ROCK BACK, FULL TURN LEFT, ROCK FORWARD, TOUCH TOE, TWIST ½, TWIST ½

- 1& Cross right over left, step left back
2&3 Right rock back, recover to left, turn ½ left and step right back (3:00)
& Turn ½ left and step left forward (9:00)
4-5 Rock right forward, recover to left
6 Right touch toe back
7-8 Turn ½ right (twist), twist ½ left (3:00 and ending 9:00)
Optional: count 4-5; move upper body forward and back
Optional: count 3&; right walk forward, left walk forward

**TURN ¼ LEFT BASIC RIGHT, BIG SIDE STEP LEFT, CROSS, TURN ¼ LEFT, ¾ TURN LEFT
ROCK RIGHT SIDE, ROCK BACK**

- 1-2& Turn ¼ left and step right long step to right side, rock left back (slightly behind right), recover to right (6:00)
3-4 Left big step to left side, right cross behind left
& Turn ¼ left and step forward with left (3:00)
5-6 Step right forward, turn ¾ left (6:00, left will be crossed over right)
7& Rock right side, recover to left
8& Rock right back, recover to left

Restart here in the 1st, 3rd, 5th wall. You will be facing 6:00

**RIGHT/LEFT STEP FORWARD, ½ TURN RIGHT, LEFT/ RIGHT STEP FORWARD,
½ TURN LEFT, RIGHT STEP FORWARD, HIP SWAYS LEFT-RIGHT-LEFT**

- 1 Step right forward
2&3 Step left forward, turn ½ right (6:00), step left forward
4&5 Step right forward, turn ½ left, step right forward
6-7-8 Hip sways left-right-left

RESTART In the 1st, 3rd, 5th wall, after 24 counts, facing 6:00

ENDING In wall 7, after count &5 (first section) you will be facing 9:00.
Cross right over left and turn ¾ left, than you will facing 12:00