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Mardi Gras # 5

32 count, 4 wall, beginner level Choreographer: Violet Ray (USA) March 2007 Choreographed to: Mambo #5 by Lou Bega

SIDE MAMBOS, FORWARD & BACK MAMBO

- Rock R foot out to right side, Recover weight on L foot, Step R foot next to L foot 1 & 2
- 3 & 4 Rock L foot out to left side, Recover weight on R foot, Step L foot next to R foot
- 5 & 6 Rock R foot forward, Recover weight on L foot, Step R foot next to L foot
- 7 & 8 Rock L foot back, Recover weight on R foot, Step L foot next to R foot

WALK FORWARD 2 X, SIDE MAMBO, WALK FORWARD 2X, SIDE MAMBO

- Step R foot forward, Step L foot forward 1 - 2
- 3 & 4 Rock R foot out to right side, Recover weight on L foot, Step R foot next to L foot
- 5 6 Step L foot forward, Step R foot forward
- 7 & 8 Rock L foot out to left side, Recover weight on R foot, Step L foot next to R foot

3/4 TURN WITH HIP ROLLS

- 1 2 Rotate hips counter clock wise 2X
- 3 4 Turn 1/4 left rotating hips counter clock wise 2X (9:00)
- 5 6 Turn 1/4 left rotating hips counter clock wise 2X (6:00)
- 7 8 Turn 1/4 left rotating hips counter clock wise 2X (3:00)

CHARLESTON KICK

- Step R foot forward, Hold 1 - 2
- Kick L foot forward, Hold 3 - 4
- 5 6 Step L foot back, Hold
- 7 8 Touch R toe back, Hold

This dance was choreographed for my Red Hat club's Mardi Gras party and is dedicated to all my "Hula Maiden" Sisters.

Music download available from iTunes: Napster: eMusic:

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