

## Applejack

### IMPROVER

32 Count 4 Walls

Choreographed by: Alison Biggs & Peter Metelnick

Choreographed to: Apple Jack by Lisa McHugh

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- 1 - 8**      **R side mambo, L heel hook heel flick, L fwd lock step, R fwd, 1/4 L pivot turn, R cross step**  
1 & 2      Rock R side, recover weight on L, step R together  
3 &      Touch L heel forward, hook L across R leg  
4 &      Touch L heel forward, flick L back  
5 & 6      Step L forward, lock R behind L, step L forward  
7 & 8      Step R forward, pivot 1/4 left, cross step R over L (9:00)
- 9 - 16**      **1/2 L hinge cross, 1/2 R box, L fwd mambo, walk back 2 & clap**  
1 & 2      Turning 1/4 right step L back, turning 1/4 right step R side, cross step L over R (3:00)  
3 & 4      Step R side, step L together, step R forward  
5 & 6      Rock L forward, recover weight on R, step L back  
7 & 8 &      Step R back, clap, step L back, clap
- 17 - 24**      **R coaster, L fwd shuffle, 1/2 L & R back shuffle, L coaster**  
1 & 2      Step R back, step L together, step R forward  
3 & 4      Step L forward, step R together, step L forward  
5 & 6      Turning 1/2 left step R back, step L together, step R back (9:00)  
7 & 8      Step L back, step R together, step L forward
- 25 - 32**      **R cross rock-recover-side, L cross rock-recover-side, R & L stomp together, applejack**  
1 & 2      Cross Rock R over L, recover weight on L, step R side  
3 & 4      Cross rock L over R, recover weight on R, step L side  
5 - 6      Stomp R together, stomp L together  
& 7 & 8      Applejack - This is the step the dance is named after. To applejack, count &7 and take your weight onto your left heel, swivel your right foot to the left side, then return your feet to centre. On &8, take weight onto your right heel, swivel your left foot to the right side, then return your feet to centre with weight ending on LEFT

**Easier option: fan R toes R and back to centre, fan L toes L and back to centre**

**TAG:**      **At the end of walls 1 (9:00), wall 3 (3:00), and wall 6 (6:00) repeat the applejack steps &7&8 2 more times for a total of 3 sets of applejacks on all those walls**