

Mandy

32 count, 4 wall, intermediate level

Choreographer: Oli Geir (Iceland) April 2005

Choreographed to: Mandy Club Mix by Westlife, CD:

Westlife-Released (Limited Edition) (124 bpm)

32 counts intro. Start on first heavy beat.

Step. Rock step. Chasse 1/2 turn left. Step pivot 1/2 turn left. Lock step.

- 1-3 Step forward right. Rock forward left. Recover onto right.
- 4&5 Step left in to chasse 1/2 turn left, stepping left, right, left.
- 6-7 Step forward right. Pivot 1/2 turn left.
- 8&1 Step forward right. Step left behind right. Step forward right.

Cross rock. Side step. Cross rock. Step 1/4 turn right. Step pivot 1/2 turn right. Cross rock. Side step.

- 2&3 Cross rock left over right. Recover onto right. Step left to side.
- 4&5 Cross rock right over left. Recover onto left. Step right 1/4 turn right.
- 6-7 Step forward left. Pivot 1/2 turn right.
- 8&1 Cross rock left over right. Recover on to right. Step left to side.

Cross rock. Side step. Cross step. 1/4 turn left, step back. Left chasse. Cross step. Touch side

- 2&3 Cross rock right over left. Recover onto left. Step right to side.
- 4-5 Step left across right. Make a 1/4 turn left, stepping back on right.
- 6&7 Step left to side. Close right to left. Step left to side.
- 8-1 Step right across left. Touch left to side.

Cross step. Side step. Front sailor 1/4 turn left. Step pivot 1/2 turn left. Lock step.

- 2-3 Step left across right. Step right to side. (Use Hips)
- 4&5 Step left across right. Step right to side. Make a 1/4 turn left, stepping forward left.
- 6-7 Step forward right. Pivot 1/2 turn left.
- 8& Step forward right. Step left behind right.