Manchester (Spirit of Freedom)

32 count, 4 wall, beginner/intermediate level
Choreographer: Charles R. S Bowring (UK)
August 2002
Choreographed to: We Shall Be Free by Garth Brooks
C.D Garth Brooks The Hits (104bpm Polka)

Dedicated to: All the volunteers, that helped Manchester show that with a bit of love tolerance and understanding we can make the world a better place. This song for me captures the emotion and feeling of Manchester during the Commonwealth Games. This show of love will be felt in our hearts for a long time to come. I am proud to have been part of that.

1&2	Left Shuffle forward
3&4	Step right to side, ½ turn right on ball of left, Step right to side
5-6	Step left to side, rock onto right
7&8	Step left behind right, step right to side, step left across in front of right
9&10	Step right diagonally forward, angling body 1/8 turn left bumping hips right, left, right
11&12	Step left diagonally forward, angling body 1/8 turn right, bumping hips left, right, left
13&14	Step right side, making ¼ turn left bumping hips right, left, right
15&16	Left shuffle ¾ turn left continuing to travel forward.
17&18	Kick right forward, in place, side
19&20	Step right behind left, step left to side, touch right beside left
21&22	Step right forward, pivot ½ left, ½ turn left stepping back on right
23-24	Step left to side, slide right to left (no weight on right)
25-26	Step right to side, step left beside right.
27&28	Step right forward, touch left behind right, ¼ turn right stepping onto left
29-30	Step right to side, rock onto left
31&32	Shuffle right to side

Start again and enjoy (listen to the words)

Tag end of 5th wall:

&	Step left in place
1-2	Walk forward right, left
3&4	Step right forward, rock back on left making ½ turn right, step right forward
5-8	Mirror counts 1-4 with left
9&10	¼ turn left stepping right to side, pushing hips right, left, right
11&12	½ turn left stepping left to side, pushing hips left, right, left
13&	Bump hips right, left
14	¼ turn right stepping on right
15&	Step left forward, pivot ½ turn right
16	Touch left in place next to right