

Man What A Man

32 count, 4 wall, beginner/intermediate level
Choreographer: Michele Perron (Can) Dec 2004
Choreographed to: Man What a Man by Nancy Hays
(156bpm)

Introduction: Begin on vocals, 32 Counts

SEC.I (1-8) WALK, WALK, WALK, HOLD, SIDE, HOLD, BACK, BACK

- 1,2 RIGHT Step forward; LEFT step forward
- 3,4 RIGHT Step forward; HOLD
- 5,6 LEFT Step to side L; HOLD
- 7,8 RIGHT Step back; LEFT Step back

SEC.II (9-16) SIDE (POSE), HOLD, SIDE (POSE), HOLD, SIDE, ACROSS, SIDE, HEEL

- 1 Execute 1/4 Turn R with RIGHT Step side R and place hands on hips (3 o'clock)
- 2 HOLD
- 3 LEFT Rock/Step side L and place hands on hips, face diagonal L
- 4 HOLD
- 5,6 RIGHT Step side R and diagonal back; LEFT Step across front of R
- 7 RIGHT Step side R
(face diagonal R on Counts 5-7)
- 8 LEFT Heel diagonal L forward, face diagonal L

SEC.III (17-24) SIDE, ACROSS, SIDE, HEEL, FORWARD, HOLD, FORWARD, TURN

- 1,2 LEFT Step to side L and diagonal back; RIGHT Step across front of L
- 3 LEFT Step to side L
(face diagonal L on Counts 1-3)
- 4 RIGHT Heel diagonal R forward, face diagonal R
- 5,6 RIGHT Step forward with 1/4 Turn R; HOLD (6 o'clock)
- 7,8 LEFT Step forward; Execute 1/2 Turn R with RIGHT Step forward (12 o'clock)

SEC.IV (25-32) FORWARD, BACK, BACK, FORWARD, TURN/SLIDE, HOLD

- 1,2 LEFT Step forward; HOLD
- 3,4 RIGHT Rock/Step forward; LEFT Recover/Step back
- 5,6 RIGHT Rock/Step back; Left Recover/Step forward
- 7 Execute 1/4 Turn R with RIGHT drag/slide towards L, ending with R beside L (3 o'clock)
- 8 HOLD