

# Man Overboard

64 Count, 2 Wall, Intermediate/Advanced Choreographer: Jordan Lloyd (UK) Sept 2012 Choreographed to: Good Intentions by Dippy (iTunes)

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Start 16 counts into song.

#### 1 Side, Sailor, Step Back, Sailor 1/2, Cross, Back, Side 1/4

- 1 Step right out to right side.
- 2&3 Step left behind right, step right to right side, step left slightly to left.
- 4 Step back on right.
- 5&6 Step left slightly behind right, step right to right side as you turn 1/4 turn right, step forward on left as you make a 1/4 turn right.
- step forward on left as you make a ¼ turn right.
- 7&8 Cross right over left, step back on left, step right out to right side making ¼ turn over right shoulder.

## 2 Cross, Rock, Recover, Sailor 3/8, Run, Run, Forward Rock, Recover

- 1 2 Cross left over right, rock right out to right side as you roll hips clockwise.
- 3 Recover weight onto left.
- 4&5 Step right behind right, step left to left side making ¼ turn left, step forward on right making 1/8 turn left. (end facing diagonal).
- 6&7 Run forward left, right, rock forward on left.
- 8 Recover back on right.

## 3 Ball Step, Touch Back, <sup>1</sup>/<sub>2</sub> Turn, <sup>1</sup>/<sub>2</sub> Turn, <sup>1</sup>/<sub>2</sub> Turn, Lift, Hold, & Step 1/8, Touch, Pivot <sup>1</sup>/<sub>2</sub>.

- &1 2 Step left next to right, step back on right, touch left back.
- 3 Step forward on left making ½ turn over left shoulder (still at diagonal).
- 4&5 Step back on right making ½ turn over left shoulder, step forward on left making ½ turn over left shoulder, slightly lift right leg forward off the ground keeping leg straight.
- 6&7 Hold, step forward on right making 1/8 turn to the right (straightening up to the 12 o'clock wall), touch left to left side.
- 8 Pivot ½ turn over left hitching left foot slightly.

# 4 Ball Touch, Cross, Rock 1/2, Recover 1/2, Cross, Back, Side, Forward, Side

- &1 Step left next to right, touch right out to right.
- 2 3 Cross right over left, make a ½ turn over left shoulder rocking forward on left.
- 4 Recover weight forward onto right doing a ½ turn right.
- 5 6& Cross left over right, step back on right, step left next to right.
- 7 8 Step forward on right, step left slightly to left side.

#### 5 Left Weave, Cross Rock, Recover, Ball Cross, Unwind 1 ¼, Together, Forward

- 1&2 Cross right over left, step left to left, step right behind left.
- &3 4 Step left to left side, rock right over left, recover weight back on left.
- 85.6 Step right slightly to right side, cross left over right, unwind 1 ¼ turn over right shoulder.
- 7 8 Step right next to left, step forward on left.

# 6 Right Basic, <sup>1</sup>/<sub>4</sub> Forward, <sup>1</sup>/<sub>2</sub> Back, <sup>1</sup>/<sub>4</sub> Side, Touch, <sup>1</sup>/<sub>4</sub> Turn, Step, <sup>1</sup>/<sub>4</sub> Step

- 1 2& Step right to right side, rock left behind right, recover weight onto right.
- 3 4& Step left to forward making ¼ turn left, step back on right making a ½ turn over left shoulder, step left to left side making ¼ turn left.
- 5 6 Touch right next to left, step forward on right making <sup>1</sup>/<sub>4</sub> turn right.
- 7 8 Step forward on left, make ¼ turn right stepping right forward.

# Touch, ¼ Step, Cross, ¼, ½, Step Forward, Cross, Back, Back Sweep, Behind, ¼, Step Forward Touch left next to right, step forward on left making ¼ turn left.

- 2&3 Cross right over left, step back on left making ¼ turn right, step forward on right making ¼ turn right.
  4 Step forward on left.
- 5&6 Cross right over left, step back on left, step back on right as you sweep left from front to back anticlockwise.
- 7&8 Step left behind right, step forward on right as you make <sup>1</sup>/<sub>4</sub> turn right, step forward on left.

- 8 <sup>1</sup>/<sub>4</sub> Side Slide, Side Slide, Coaster Step, <sup>1</sup>/<sub>2</sub> Turn, <sup>1</sup>/<sub>2</sub> Turn, Triple Full Turn
- 1 2 Make <sup>1</sup>/<sub>4</sub> turn left stepping right to right side as you slide left towards right, step left to left side as you slide right towards left.
- 3&4 Step back on right, step left next to right, step forward on right.
- 5 6 Step back on left making ½ turn over right shoulder, step forward on right making ½ turn over right shoulder.
- 7&8 Make ½ turn over right shoulder stepping left back, make ½ turn over right shoulder stepping forward on right, step forward on left.
- Tag:8 count tag happens after 32 counts of the 2nd wall, you will be facing the 12 o clock wall.Right basic, ¼ Forward, ½ Back, ¼ Side, Side, Jazz Box.
- 1 2& Step right to right side, rock left behind right, recover forward on right.
- 3 4& Step left to forward making ¼ turn left, step back on right making a ½ turn over left shoulder, step left to left side making ¼ turn left
- 5 6 Step right to right side, cross left over right.
- 7 8 Step back on right, step left slightly to left.

**On wall 5** - Start dance on count 33, Left Weave, Cross Rock, Recover, Ball Cross, Unwind 1 ¼, Together, Forward....

Start wall 6 as normal.

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