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Man Of The House (Cap'n Crunch)

INTERMEDIATE

32 Count 4 Walls

Choreographed by: Tony Wilson

Choreographed to: Man Of The House by Chuck Wicks

SECTION 1

- 1,2,3 **SIDE CLOSE FORWARD,**
Step L to left side, step R next to L, step L forward
- 4 & 5 **SIDE CLOSE BACK,**
Step R to right side, step L next to R, step R back
- 6,7,8 **SIDE CLOSE FORWARD 1/4 TURN**
Step L to left side, step R next to L, step L forward into a 1/4 turn left

SECTION 2

- 9,10,11 **SIDE ROCK BEHIND RECOVER,**
Step R to right side, rock step L behind R, recover weight on R in place
- 12 & 13 **SIDE CLOSE SIDE,**
Step L to left side, step R next to L, step L to left side
- Body angled to left diagonal for 12&13**
- 14,15,16 **CROSS ROCK REC. 1/4 TURN**
Rock step R across L, recover weight on L in place, turn 1/4 right stepping R forward

SECTION 3

- 17 - 18 **FULL TURN,**
Turn 1/2 right stepping L back, turn 1/2 right stepping R forward
- Simple option.. walk forward L,R**
- 19 & 20 **SHUFFLE,**
Shuffle forward L,R,L
- 21 - 22 **1/2 PIVOT,**
Step R forward, turn 1/2 left with L in place weight on L
- 23 - 24 **1/4 PIVOT**
Step R forward, turn 1/4 left with L in place weight on L
- During wall 9 slow down as the music slows and stop on count 24 facing 3 pm as he stops singing. Pause.... then when he starts again continue on count 25**

SECTION 4

- 25 - 26 **CROSS TOUCH,**
Cross R over L, touch L toe to left diagonal
- 27 - 28 **CROSS UNWIND,**
Cross L over R, unwind 1/2 turn right weight on L
- 29 - 30 **ROCK BACK REC.,**
Rock step R back, recover weight on L in place
- 31 & 32 **SHUFFLE**
Shuffle forward RLR

EXTRAS

At the end of wall 4, facing 12 pm, add 8 counts then restart at count 1:

1-4 Step L to left side, recover on R in place, step L across R, hold

5-8 Step R to right side, recover on L in place, step R across L, hold

At the end of wall 6, facing 6 pm, add 4 counts swaying hips L,R,L,R then restart at count 1:

1-4 Step L to left side and sway hips left, right, left, right

For a finish change 31&32 to a 1/4 pivot turn left to finish facing the front wall:

31-32 Step R forward, turn 1/4 left weight on L