

Apple Jack

BEGINNER 18 Count 4 Walls Choreographed by: Unknown Choreographed to: Fresh Coat Of Paint by Lee Roy Parnell

Website: www.linedancerweb.com Email: admin@linedancerweb.com

1

&

4

SWIVEL LEFT, CENTER

WEIGHT = LEFT HEEL-RIGHT TOES

Swivel left toes to left-right heel to left (feet are in v position with toes pointed out) Swivel left toes back to center-right heel back to center (transfer weight)

/As you come back to center transfer weight on the & count throughout these first 8 patterns

SWIVEL RIGHT, CENTER

WEIGHT = LEFT TOES-RIGHT HEEL

Swivel right toes to right-left heel to right (feet are in v position with toes pointed out) 2 Swivel right toes back to center-left heel back to center (transfer weight) &

SWIVEL LEFT, CENTER-TWICE

WEIGHT = LEFT HEEL-RIGHT TOES

- Swivel left toes to left-right heel to left (feet are in v position with toes pointed out) 3
- Swivel left toes back to center-right heel back to center (no weight transfer) &
- Swivel left toes to left-right heel to left (feet are in v position with toes pointed out) &
 - Swivel left toes back to center-right heel back to center (transfer weight)

SWIVEL RIGHT, CENTER-TWICE

WEIGHT = LEFT TOES-RIGHT HEEL

5 Swivel right toes to right-left heel to right (feet are in v position with toes pointed out) & Swivel right toes back to center-left heel back to center (no weight transfer) 6 Swivel right toes to right-left heel to right (feet are in v position with toes pointed out) Swivel right toes back to center-left heel back to center (transfer weight) &

SWIVEL LEFT, CENTER

WEIGHT = LEFT HEEL-RIGHT TOES

7 Swivel left toes to left-right heel to left (feet are in v position with toes pointed out) & Swivel left toes back to center-right heel back to center (transfer weight)

SWIVEL RIGHT, CENTER

WEIGHT = LEFT TOES-RIGHT HEEL

Swivel right toes to right-left heel to right (feet are in v position with toes pointed out) 8 & Swivel right toes back to center-left heel back to center (change weight to left only)

RIGHT HEEL FORWARD, BACK, 1/4 RIGHT LEFT TOUCH

- 1 2 Right heel touch forward; right toe touch back
- Right step forward into 1/4 turn right; left touch side left 3 - 4

CROSS, TOUCH, CROSS, BACK, TOGETHER, JUMP

- 5 6 Left cross-step over right; right touch side right
- 7 8 Right cross-step over left; left step back
- 9 10 Right step next to left; jump forward with both feet (end with feet shoulder width apart)

REPEAT

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 *charged at 10p per minute