

- ROCK STEP, STEP TOGETHER, HOLD, ROCK STEP, STEP TOGETHER, HOLD**  
1 - 2 MAN: Rock forward left, rock back right
- LADY: Rock back right, rock forward left**  
3 - 4 MAN: Step left beside right foot, hold
- LADY: Step right beside left foot, hold**  
5 - 6 MAN: Rock back right, rock forward left
- LADY: Rock forward left, rock back right**  
7 - 8 MAN: Step right beside left foot, hold
- LADY: Step left beside right foot, hold**
- STEP 1/4 TURN, SLIDE, STEP FORWARD, BRUSH, JAZZ BOX, STOMP**  
1 - 2 MAN: Step left 1/4 turn left, slide right beside left foot
- LADY: Step right 1/4 turn right, slide left beside right foot**  
3 - 4 MAN: Step forward left, brush right
- LADY: Step forward right, brush left**  
5 - 6 MAN: Cross right over left foot, step back on left
- LADY: Cross left over right foot, step back on right**  
7 - 8 MAN: Step right beside left foot, stomp left (weight on left)
- LADY: Step left beside right foot, stomp right (weight on left)**
- SIDE ROCK STEP, STEP TOGETHER, HOLD, SIDE ROCK STEP, STEP TOGETHER, HOLD**  
1 - 2 Rock right to right side, rock back on left  
3 - 4 Step right beside left foot, hold  
5 - 6 Rock left to left side, rock back on right  
7 - 8 Step left beside right foot, hold
- STEP, HOLD, STEP, HOLD, STEP, STEP, STEP, HOLD**  
1 - 2 Step right lightly forward moving right hip left, hold  
3 - 4 Step left lightly forward moving left hip right, hold  
5 Step right lightly forward moving right hip left  
6 Step left lightly forward moving left hip right  
7 Step right lightly forward moving right hip left  
8 Hold
- ROCK STEP, STEP TOGETHER, HOLD, ROCK STEP, STEP TOGETHER, HOLD**  
1 - 2 Rock forward left, rock back right  
3 - 4 Step left beside right foot, hold  
5 - 6 Rock back on right, rock forward left  
7 - 8 Step right beside left foot, hold
- STEP, LOCK, STEP, BRUSH, STEP 1/4 TURN, STEP, STEP, STEP**  
1 - 2 Step forward left, lock step right behind left foot  
3 - 4 Step forward left, brush right forward  
5 - 6 MAN: Step right 1/4 turn right, step left beside right foot
- LADY: Step right 1/4 turn right, step left forward**  
7 - 8 MAN: Step right in place, brush left
- LADY: Pivot 1/2 turn right on both feet, step left beside right foot**
- REPEAT**
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