

Mama's Broken Heart

32 Count, 2 Wall, Beginner, Polka

Choreographer: Eddy Laguiche (FR) Janvier 2013

Choreographed to: Mama's Broken Heart by Miranda Lambert

Album: Four The Record

Intro 16 Counts

Sequence: 32-32-32-8-tag-32-32-32-8-tag-16-tag-32-8-tag-8

S1 WALK R-L, TRIPLE FWD, STEP ½ TURN R, TRIPLE FWD

1-2 Walk RF, Walk LF.

3&4 Triple Step Forward RF, LF, RF.

5-6 LF forward, ½ turn R RF forward. (6 :00)

7&8 Triple Step Forward LF, RF, LF.

Tag : Rocking Chair here on wall 4-8-11 and restart

S2 SWIVEL 1/8 TURN R SIDE STEP, SWIVEL ¼ TURN L SIDE STEP, SWIVEL ¼ TURN R CHASSE R SWIVEL ¼ TURN L STEP, SWIVEL ¼ TURN R STEP, SWIVEL 3/8 TURN L TRIPLE FWD

&1 Heel Swivel LF to the L & 1/8 turn R with Hitch R Knee, RF to R side (7.30)

&2 Heel Swivel RF to the R & ¼ turn L with Hitch L Knee, LF to L Side. (4.30)

&3&4 Heel Swivel LF to the L & ¼ turn R & ¼ turn R, Side Chasse R. (7.30)

&5 Heel Swivel RF to the R & ¼ turn L with Hitch L Knee, LF to L Side. (4.30)

&6 Heel Swivel LF to the L & ¼ turn R with Hitch R Knee, RF to R Side. (7.30)

&7&8 Heel Swivel RF to the R & 3/8 turn L, LF forward, RF next LF, LF forward. (3.00)

Tag wall 9: Walking ¾ turn L on 6 counts finishing 6.00 and restart on words :« Go and Fix »

S3 JAZZ BOX CROSS, CHASSE ¼ TURN L, COASTER STEP

1-4 RF cross over LF, LF behind, RF to R side, LF cross over RF.

5&6 RF to R side, LF next RF with ¼ turn L, RF behind. (12.00)

7&8 LF behind, RF next To LF, LF forward.

S4 STEP, HOLD, BALL STEP, HOLD, PIVOT ½ TURN L, KICK, SAILOR STEP

1-2 RF forward, Hold.

&3-4 (&) Ball LF next RF, RF forward, Hold.

5-6 ½ turn L (keep weight on RF), Kick LF diagonally forward. (6.00)

7&8 LF cross behind RF, RF to R Side, LF to L Side.

3 Tag/Restart wall 4-8-11 after 8 counts and 1Tag/ Restart wall 9 after 16 counts

Finish dance end of S1 you will be facing 12.00 RF To R side