

Mama Take Me Home

32 count, 4 wall, intermediate level

Choreographer: Tanja (Feb 2008)

Choreographed to: Mama Take Me Home by The Rednex (108 bpm)

WALK, WALK, SHUFFLE ½ TURN, BACK, BACK, COASTER STEP

- 1-2 Step right forward, step left forward
3&4 Half turn shuffle stepping right, left, right, while turning left
5-6 Step left back, step right back
7&8 Step left back, step right beside left, step left forward

STEP SLIDE, ROCK STEP TWICE, TOE & HEEL SWITCHES WITH BACK FLICK

- 1-2& Take a big step to the right & slide left together, rock back onto left, recover
3-4& Take a big step to the left & slide right together, rock back onto right, recover
5&6 Touch right to right, step right beside left, touch left to left
&7&8 Step left beside right, right heel forward, flick right foot back while turning ¼ to the left, touch right heel forward

CROSS TO THE RIGHT, SYNCOPATED WEAVE TO THE LEFT

- &1&2 Step right beside left, cross left over right, step right to right, cross left over right
&3&4 Step right to right, cross left over right, step right to right, cross left over right
5-6 Cross right over left, step left to left
7&8 Cross right behind left, step left to left, cross right over left

HEEL JACKS X3, UNWIND

- &1&2 Step left diagonally back to left, touch right heel diagonally forward, step right beside left, cross left over right
&3&4 Step right diagonally back to right, touch left heel diagonally forward, step left beside right, cross right over left
&5&6 Step left diagonally back to left, touch right heel diagonally forward, step right beside left, cross left over right
7-8 Hold, unwind full turn

TAG

Before you start the dance on the 8 wall, you have just taken the unwind full turn

- 1-2 Cross left over right, hold
3-4 Slow unwind full turn over 2 counts

Music download available from iTunes