

Mama Take Me Home

32 count, 4 wall, beginner/intermediate level
Choreographer: Moa Bäckström (Sweden) May 2006
Choreographed to: Mama Take Me Home by Rednex

24 count intro

Step, Step, Ankerstep. Step forward, turn ½, Coaster step.

1-2 RF Step forward, LF Step forward
3&4 RF rock back, LF rock forward, RF step back
5-6 LF step forward, RF step back and turn ½ to left.
7&8 LF step back, RF step back, LF step forward

Rock, Cross shuffle, ¼ turn, ½ turn, Step clap, clap

1-2 RF rock to right and back to LF
3&4 RF cross over LF, Step LF to left, cross RF over LF
5-6 LF step back and turn ¼ to right, RF step forward and turn ½ to right.
7&8 LF step together with RF and make to clap on '&8'

Step to the diagonal x 2, Point forward, step back. Step back, back, Coaster step.

1-2 RF step forward to right diagonal, LF step forward to right diagonal.
3-4 RF point forward, RF step back.
5-6 LF step back, RF step back
7&8 LF step back, RF step back, LF step forward

Monterey turn x 2

1-2 RF touch right toe to right side, with weight on LF make ½ turn right and step right beside LF
3-4 Touch left toe to left side. Step LF beside right.
5-6 RF touch right toe to right side, with weight on LF make ½ turn right and step right beside LF.
7-8 Touch left toe to left side. Step LF beside right.

TAG:

After the 7th wall standing at 9 o'clock.

Rock and cross, flick turn ¼.

1&2 RF rock to right, recover to LF, RF cross over LF
3&4 LF flick back, turn ¼ to right, LF step forward

Start all over at 12 o'clock.

ENJOY! Hugs Moa

Winner of Norwegeian Country Western Dance Championship 2006