

Mama Said

44 count, 2 wall, Intermediate level
Choreographer : William Sevone (Aus) Aug 1999
Choreographed to : You Can't Hurry Love by
Dixie Chicks, (196 bpm) Runaway Bride
Soundtrack; You're Gonna Love Me One Day by
Heather Myles

'Dandy Walk' Fwd. Jump Rock's. 1/2 Right. Step Fwd

1 - 4 Saunter forward: Right foot. Left foot. Right foot. Left foot.
5& 6 Jump rock forward onto right foot, jump back onto left foot, turn 1/2 right & step onto right foot.

'Dandy Walk' Fwd. Jump Rock's. 1/2 Right. Step Fwd

7 - 10 Saunter forward: Left foot. Right foot. Left foot. Right foot.
11& 12 Jump rock forward onto left foot, jump back onto right foot, turn 1/2 left & step onto left foot.

4x Side Rock's. Sailor Shuffle. 1/4 Left. Coaster Step.

13 - 16 Rock right foot to right side. Rock onto left foot. Right foot. Left foot.
Styling Note: On counts 13-16 as you rock back onto each foot, lean upper part of body in opposite direction and raise arms to shoulder height and clap in same direction. eg: count 13 weight on right foot upper body lean to left, clap to left.
17& 18 Step right foot behind left (with clap to left), step left foot to side, step right foot to side.
19& 20 Turn 1/4 left on right foot & step back onto left, step right foot next to left, step left foot forward.

'Dandy Walk' Fwd. Jump Rock's. 1/2 Right-Step Fwd

21 - 24 Saunter forward: Right foot. Left foot. Right foot. Left foot.
25& 26 Jump rock onto right foot, jump back onto left foot, turn 1/2 right - stepping onto right foot.

4x Side Rock's. Sailor Shuffle. 1/4 Right. Coaster Step.

27 - 30 Rock left foot to left side. Rock onto right foot. Left foot. Right foot.
Styling Note: On counts 27-30 as you rock back onto each foot, lean upper part of body in opposite direction and swing arms at chest height to sides in direction of weight transfer
eg: count 27 weight on left foot, upper body lean to right, swing arms to left.
31& 32 Step left foot behind right (swing arms to left), step right foot to side, step left foot to side.
33& 34 Turn 1/4 right on left foot & step back onto right, step left foot next to right, step right foot forward.

Shuffle Fwd. Left Full Turn. Shuffle Fwd. Rock's. Coaster Step

35& 36 Step forward onto left foot, step right foot next to left, step left foot forward.
37 - 38 Step forward onto right foot. Turn one full turn left on right foot & step forward onto left foot.
39& 40 Step forward onto right foot, step left foot next to right, step forward onto right foot.
41 - 42 Rock forward onto left foot. Rock onto right foot.
43& 44 Step back onto left foot, step right foot next to left, step forward onto left foot.
