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Mama Rock Me

BEGINNER

32 Count 2 Walls

Choreographed by: Rene and Reg Mileham

Choreographed to: Wagon Wheel by Nathan Carter

Section 1 **Rock, rock, cross, step back. Heel, replace, Heel, replace.**

- 1 - 2 Rock Right out to side, rock Left out to side
- 3 - 4 Cross Right over Left, step back on Left
- 5 - 6 Touch Right heel forward. Step Right in place
- 7 - 8 Touch Left heel forward. Step Left in place

Section 2 **Grapevines with hitches (can do Rolling Vines)**

- 1 - 2 Step Right to side, cross Left behind Right
- 3 - 4 Step Right to side, hitch Left
- 5 - 6 Step Left to side, cross Right behind Left
- 7 - 8 Step Left to side, hitch Right

Section 3 **Side step with Shimmies. Clap. Repeat**

- 1 - 2 - 3 - 4 Step Right to right side with a Shimmy, shimmy, shimmy, Clap
- 5 - 6 - 7 - 8 Step Left to left side with a Shimmy, shimmy, shimmy, Clap

Section 4 **Rock side, side, behind. Turn 1/4 left. Repeat**

- 1 - 2 Rock Right to right side, rock Left to left side,
 - 3 - 4 Cross Right behind Left. Turn 1/4 Left. (weight on left)
 - 5 - 6 Rock Right to right side, rock Left to left side
 - 7 - 8 Cross Right behind Left. Turn 1/4 Left. (weight on left)
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