

Aphrodisiac!!!

32 count, 4 wall, intermediate level

Choreographer: M.T. Groove (UK) September 2005

Choreographed to: Aphrodisiac by Brandy, CD: Best of Brandy

Start on vocals

WALK WALK, KICK ¼ POINT, TOUCH ¼ TURN, R COATER STEP.

- 1-2 Walk forward R,L.
3&4 Kick R foot forward, Step on R as you ¼ turn R, Point L to L side.
5-6 Touch L toe across R, Step back on L as you ¼ turn R.
7&8 Step R back, Step L in place, Step forward R.

OUT OUT KNEES IN, SHOULDER ISOLATIONS, HITCH ¼ RUN, ¼ TURN ¼ TURN.

- &1-2 Step L to L side(&), Step R to R side, Turn both knees in as you drop down slightly.
3&4 Bring R shoulder up(3) then L shoulder(&), Hitch L knee across R leg (raise up on ball of R foot as you do this) as you make a ¼ turn R.
5&6 Run forward L,R,L. (Note this is not a shuffle).
7-8 Step back on R as you ¼ turn L, Step L to L side as you ¼ turn L.
(Restart here during wall 3 – you'll be facing 9 o'clock as you restart).

HEEL & HEEL, & ROCK RECOVER, TRIPLE 1 ½ TURNS, STEP KICK.

- 1&2 Touch R heel forward, Step R in place, Touch L heel forward.
&3-4 Step L in place (&), Rock forward on R, Recover L.
5&6 Make one and a half turns right as you step R,L,R.
7-8 Step forward L, Kick R foot forward - low kick.

WALK BACK R,L, ¼ TURN SLIDE, L SAILOR STEP, TWIST ¼ TWIST FULL TURN, L SHUFFLE.

- &1-2 Step back on R(&), Step back L, Slide R foot to R side as you make a ¼ turn R.
3&4 Step L behind R, Step R to R side, Step L to L side.
5-6 Twist body ¼ to the R, Twist Body a full turn to the L. (your feet will swivel automatically)!!!
7&8 Step forward L, Close R next to L, Step forward L.

For a big finish on count 6 (section 4) twist ¾ turn back to the front.

start over and enjoy.

Don't just move it – Groove it!!!