

**CAMELS 45 DEGREES RIGHT, CAMELS 45 DEGREES LEFT.**

- 1 - 2 Step right foot forward at 45 degrees twisting left heel to left, bring left beside right  
3 - 4 Step right foot forward at 45 degrees twisting left heel to left, bring left beside right  
5 - 6 Step left foot forward at 45 degrees twisting right heel to right, bring right beside left  
7 - 8 Step left foot forward at 45 degrees twisting right heel to right, bring right beside left

**SHUFFLE RIGHT, TURN, SHUFFLE LEFT**

- 1 & 2 & Shuffle right (right-left-right), turn 1/2 turn right  
3 & 4 Shuffle left (left-right-left)

**HALF TURN, HALF TURN, QUARTER TURN, ROCK FORWARD**

- 5 - 6 Turn 1/2 turn right & step onto right foot, turn 1/2 turn right & step onto left  
7 - 8 Turn 1/4 turn right & step back onto right, rock forward onto left foot

**QUARTER TURN SHUFFLE, CROSS-OVER SHUFFLE**

- 1 & 2 Shuffle forward & turn 1/4 turn left (right-left & turn right)  
3 & 4 Cross left over right & shuffle right (left-right-left)

**STEP TO SIDE, STEP BEHIND**

- 5 - 6 Step right to side, step left behind right

**STEP TO SIDE/IN FRONT, STEP TO SIDE/BEHIND, STEP TO SIDE/IN FRONT, SCUFF**

- & 1 & 2 Step right to side & step left in front of right, step right to side & step left behind  
& 3 - 4 Step right to side & step left in front of right, scuff right

**CROSS-OVER SHUFFLE, STEP TO SIDE, STEP BEHIND**

- 5 & 6 Cross right over left & shuffle left (right-left-right)  
7 - 8 Step left to side, step right behind left

**STEP TO SIDE/IN FRONT, STEP TO SIDE/BEHIND, STEP TO SIDE/IN FRONT, SCUFF**

- & 1 & 2 Step left to side & step right in front of left, step left to side & step right behind,  
& 3 - 4 Step left to side & step right in front of left, scuff left

**CROSS OVER, THREE QUARTER TURN, HOLD**

- 5 - 6 Cross left over right, turn 3/4 turn right taking weight onto the left  
7 - 8 & right heel forward, hold

**JUMPS BACK**

- & 1 & 2 Jump back onto right with left heel forward, jump back onto left with right heel forward  
& 3 & 4 Jump back onto right with left heel forward, jump back onto left with right heel forward

**SAILOR STEPS**

- 5 & 6 Step right behind left, step left to side, step right to side,  
7 & 8 Step left behind right, step right to side, step left to side.

**THREE QUARTER TURN, STEP, JUMP CROSS, JUMP APART**

- 1 - 2 Turn 3/4 turn right step onto right foot, step forward onto left foot  
3 - 4 Jumping forward slightly cross left over right, jump feet apart

**SHIMMIES FORWARD, SHIMMIES BACK****/Pushing hands & arms downward**

- 5 & 6 & Shimmy shoulders forward for 2 beats  
7 & 8 Shimmy shoulders back for 2 beats

**HIPS, TURN**

- 1 - 3 Sway hips right-left-right  
4 Sway hips left turning 1/4 turn right keeping weight on left foot

**SHUFFLE BACK, TURN, SHUFFLE FORWARD**

5 & 6 & Shuffle backwards right-left-right, turn 1/2 turn left  
7 & 8 Shuffle forward left-right-left

**STEP, TURN/TWIST. TWIST, TWIST/TURNS**

1 - 2 Step forward onto right turning 1/4 turn left twist both heels right

3 - 4 Twist both heels left, twist both heels right turning 1/4 turn left

**COASTER STEP**

5 & 6 Step back onto left, step back onto right, step forward onto left

**REPEAT**

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Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA  
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 \*charged at 10p per minute