

## Mama Knew Best

64 Count, 4 Wall, Improver, 2 Step  
Choreographer: Maryloo (FR) January 2010  
Choreographed to: Mama Knew Best  
by The Borderers

---

The dance begins after 64 counts (not of " oh, oh, oh)

### 1. RIGHT FORWARD TOE TOUCH, BACK TOE TOUCH, RIGHT LOCK STEP FORWARD

- (S) 1.2 Touch right toe forward, hold
- (S) 3.4 Touch right toe backward, hold
- (QQ) 5.6 Step right forward, lock left behind right,
- (S) 7.8 Step right forward, hold

### 2. LEFT FORWARD TOE TOUCH, BACK TOE TOUCH, LEFT LOCK STEP FORWARD

- (S) 1.2 Touch left toe forward, hold
- (S) 3.4 Touch left toe backward, hold
- (QQ) 5.6 Step left forward, lock right behind left,
- (S) 7.8 Step left forward, hold

### 3. SLOW JAZZ BOX ¼ TURN RIGHT

- (S) 1.2 Cross right over left, hold
- (S) 3.4 ¼ turn right stepping back on left, hold
- (S) 5.6 Step right to side, hold
- (S) 7.8 Step left forward, hold

### 4. SLOW JAZZ BOX ¼ TURN RIGHT

- (S) 1.2 Cross right over left, hold
- (S) 3.4 ¼ turn right stepping back on left, hold
- (S) 5.6 Step right to side, hold
- (S) 7.8 Step left forward, hold

### 5. CHARLESTON STEPS :

- (S) 1.2 Touch right toe forward. Hold.
- (S) 3.4 Step back on right. Hold
- (S) 5.6 Touch left toe back, hold
- (S) 7.8 Step forward on Left. Hold

**Option : The " charleston steps" can be danced in the style of " mashed potatoes";  
Replace the counts (S) by ( QQ)**

### 6. HALF CHARLESTON STEPS, MASHED PATATOES BACKWARD

- (S) 1.2 Touch right toe forward. Hold.
- (S) 3.4 Step back on right, Hold
- (QQ) 5.6 Step back on ball of left turning both toes out; swivel: turn both toes in
- (QQ) 7.8 Step back on ball of right turning both toes out, swivel: turn both toes in

### 7. SAILOR ¼ TURN LEFT, PIVOT ½ TURN LEFT

- (QQ) 1.2 Cross left behind right, turn ¼ stepping right to right side
- (S) 3.4 Step forward on left, hold
- (S) 5.6 Step right forward, hold
- (S) 7.8 pivot ½ turn left ( weight on left), hold

### 8. ROCK STEP, JUMP BACK, UNWIND ½ TURN

- (QQ) 1.2 Rock right forward, recover on left,
  - (S) 3.4 Jump: Step right together, hold
  - (S) 5.6 Cross left over right, hold
  - (S) 7.8 Unwind ½ turn right (weight on left), hold
-