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Mama Jazz

64 count, 4 wall, Intermediate level Choreographer: Bill Bader (Canada) March 2002 Choreographed to: "Mama Knew Best" by The Borderers (180 bpm)

Intro: 64 counts (NOT the Oh-oh-oh's)

Choreographer's Note: This wonderful, upbeat song takes us back to "The Jazz Age" of flappers and The Charleston. For a simpler dance to this song, I also choreographed "Mama Knows Best".

- 1-8 HEEL, LIFT, HEEL, HOLD, BEHIND, 1/4 TURN, FORWARD, HOLD
- 1-2 Touch R heel on right forward diagonal ("Right 45"), Lift R foot slightly bending R knee
- 3-4 Touch R heel again on the same spot. Hold
- 5-6-7-8 Cross Step R behind L, Step L to left side turning 1/4 left, Step R forward, Hold
- 9-16 FORWARD, ROCK, BACK, ROCK, FORWARD, HOP (TURN 1/4), TOGETHER, HOLD
- 1-2 Step L forward, Rock back onto R
- 3-4 Step L back to left side, Rock onto R
- 5-6 Step L forward, Hop R forward turning 1/4 left
- 7-8 Step L beside R, Hold* *Comic option on count 8 on Walls 2, 5, 8: Slap R "hip area". (Very "flapper"!)
- 17-24 "THE CHARLESTON": KICK, HOLD, BACK, HOLD, TOUCH BACK, HOLD, FORWARD, HOLD
- 1-2 Kick R forward, Hold
- 3-4 Step R back, Hold
- 5-6 Touch L toe back, Hold
- 7-8 Step L forward, Hold

Styling for 17-24: You will definitely want to **swing arms** to counter-balance the footwork. And you can use "jazz hands" (fingers splayed). The true Charleston has the heel of the weighted foot swiveling, so try that option.

- 25-32 FORWARD, 1/2 PIVOT, FORWARD, SLAP, STEP, CLAP, POSE, HOLD
- 1-2 Step R forward, Pivot Turn 1/2 left onto L
- 3-4 Step R forward, Keeping knees together raise L heel to left side and slap L heel with L hand
- 5-6 Step L beside R, Raise R knee toward left and Clap
- 7-8 Point R toe to far right side and move arms out to sides palms down, Hold
- 33-40 RIGHT, HOLD, CROSS, HOLD, RIGHT, TOGETHER, RIGHT, TOUCH
- 1-2 Step R beside L slightly apart, Hold
- 3-4 Cross Step L over R, Hold
- 5-6-7 Step R to right side, Slide/Step L beside R, Step R to right side
- 8 Slide/Touch L toe beside R
- 41-48 DIAGONAL BACK, HOLD, CROSS, HOLD, BACK, CROSS, BACK, HEEL
- 1-2 Step L back on left diagonal, Hold
- 3-4 Cross Step R over L, Hold
- 5-6-7 Step L back on left diagonal, Cross Step R over L, Step L back on left diagonal
- 8 Touch R heel forward on diagonal
- 49-56 VAUDEVILLE RIGHT, VAUDEVILLE LEFT
- 1-2 Step R to right side, Cross Step L over R
- 3-4 Step R to right side, Touch L heel forward on left diagonal
- 5-6 Step L to left side, Cross Step R over L
- 7-8 Step L to left side, Touch R heel forward on right diagonal
- 57-64 LUNGE, HOLD, REPLACE, HOLD, JAZZ BOX TURN (CROSS, BACK, SIDE 1/4 RIGHT, FORWARD)
- 1-2 Lunge Step R to far right side and slightly back lifting L foot from the floor, Hold
- 3-4 Replace weight onto L, Hold
- 5-6 Cross Step R over L, Step L back
- 7-8 Step R to right side turning 1/4 right, Step L forward

End of pattern. Begin again...