

## Mama Jama Boogie

32 Count, 2 Wall, Improver

Choreographer: Linda McCormack (UK) March 2014

Choreographed to: She's a Bad Mama Jama by Carl Carlton  
(Itunes)

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Count In: 48 count intro

**1-8 Syncopated grapevine, rock back, recover, rock and cross**

1,2&3,4 R side (1); L behind (2); R side, cross L over R (&3); R side (4);

5,6,7&8 L back rock (5); recover weight onto R (6); L rock and cross (7&8);

**9-16 Side, together, side chasse, ¼ step, pivot ½, twist ½ x2**

1,2,3&4 R side (1); close LF with R (2); R chasse to R side (3&4);

5,6,7,8 Turning ¼ to the R step forward on L foot (5); pivot ½ turn over R shoulder to face 9 o'clock (weight is even) (6); twist ½ turn over L shoulder back to 3 o'clock (feet stay in place) (7); twist ½ turn over R shoulder back to 9 o'clock (feet stay in place) (8);

**17-24 L ½ rumba box forward, R jazz box cross**

1,2,3,4 L side (1); RF closes next to L (2); L step forward (3,4);

5,6,7,8 Cross RF over L (5); step LF back (6); step RF to side (7); cross LF over R (8);

**25-32 R ½ rumba box forward, step, ½ pivot, step ¼, touch.**

1,2,3,4 R side (1); LF closes next to R (2); R step forward (3,4);

5,6,7,8 Step forward on LF (5); ½ turn pivot over R shoulder to face 3 o'clock (6); ½ turn stepping LF to L side to face 6 o'clock (7) touch RF behind L (8);

Start the dance again! ☺